



Ajuntament de  
Barcelona

always **B**arcelona  
#

PROGRAMME  
OF ACTIVITIES  
& EXHIBITORS  
**EN**

BARCELONA  
**INTERNATIONAL  
COMMUNITY  
DAY**

# FEEL THE EM BRACE CE

of BARCELONA

**OCTOBER 26TH, 2019**  
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We, locals, are proud of where we live. Barcelona is the result of ongoing debate to encourage ideas and consensus which has allowed us to create a city for all and where there's room for everyone to find their own niche.

All the business, leisure and cultural opportunities in addition to the local lifestyle make Barcelona a great place to live. And these are the reasons why Barcelona is a cosmopolitan city with a broad and active international community.

This year we are holding the sixth Barcelona International Community Day, an annual meeting point for the city's international community, which is also a great chance for companies and organisations to make connections. One of the keys to the success of this event is the support and implication of all the sponsors, collaborators, entities, associations and professionals.

I invite you to participate in a day full of activities, workshops and conferences during which you'll be able to share and exchange experiences and, in short, help demonstrate everything our city can offer.

**Jaume Collboni**

Deputy Mayor for Economy, Employment, Competitiveness and Finance  
Ajuntament de Barcelona

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## START A NEW CAREER?

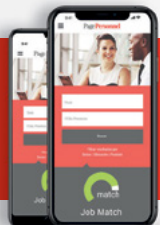
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**PROGRAMME  
OF ACTIVITIES**

# ROOM 1 ROOM 2

## Self-employment: everything you need to know to work for yourself

offered by Barcelona Activa  
10:30am - 11:00am

CAPSULE WORK & BUSINESS EN

## Cross-culturalism: interact with your adopted culture

offered by eres Relocation  
11:15am - 11:45am

CAPSULE PERSONAL LANDING EN

## Financial tips for life in Barcelona

offered by Banco Sabadell  
12:00pm - 12:30pm

CAPSULE PERSONAL LANDING EN

## Health first: tips on healthcare models, cover and insurance

moderated by Dr. Gabriel Capellà Munar  
12:45pm - 1:30pm

ROUNDTABLE PERSONAL LANDING EN

## Practical tips for your arrival procedures in Barcelona

offered by Eversis  
1:45pm - 2:15pm

CAPSULE PERSONAL LANDING EN

## Doing sport in Barcelona: a healthy way to integrate

moderated by Sports Department, Ajuntament de Barcelona  
2:30pm - 3:15pm

ROUNDTABLE ENJOY & PARTICIPATE EN

## I like my school: the experiences of students from Barcelona's international schools

offered by BISA  
3:30pm - 4:15pm

ROUNDTABLE PERSONAL LANDING EN

## Where can you learn foreign languages and cultures in Barcelona?

moderated by Oficial Schools of Languages of Barcelona  
4:30pm - 5:15pm

ROUNDTABLE ENJOY & PARTICIPATE EN

## Would you like to create a business in Barcelona? Barcelona Activa can help you

offered by Barcelona Activa  
5:30pm - 6:00pm

CAPSULE WORK & BUSINESS EN

## Discover and enjoy destination Barcelona

offered by Turisme de Barcelona  
6:15pm - 6:45pm

CAPSULE ENJOY & PARTICIPATE EN

## How to find a job in Barcelona

offered by Barcelona Activa  
10:30am - 11:00am

CAPSULE WORK & BUSINESS EN

## Where to live in Barcelona? Rent or buy?

offered by ATIPIKA - Lifestyle Properties  
11:15am - 11:45am

CAPSULE PERSONAL LANDING EN

## Searching for a job? What are hiring companies in Barcelona looking for?

offered by Page Personnel  
12:00pm - 12:30pm

CAPSULE WORK & BUSINESS EN

## Diversity and inclusion in the workplace

moderated by Clara Montes  
12:45pm - 1:30pm

ROUNDTABLE WORK & BUSINESS EN

## Why choose Barcelona? Cost of living and quality of life

offered by Mercer  
1:45pm - 2:15pm

CAPSULE PERSONAL LANDING EN

## Discover the all-new Barcelona International Welcome service

offered by Promoció de Ciutat, Ajuntament de Barcelona  
2:30pm - 3:00pm

CAPSULE PERSONAL LANDING EN

## Tasting Barcelona. An overview of its gastronomy

moderated by "obbio"  
3:15pm - 4:00pm

ROUNDTABLE ENJOY & PARTICIPATE EN

## How to successfully settle in Barcelona as a family?

moderated by SocialFam  
4:15pm - 5:00pm

ROUNDTABLE PERSONAL LANDING EN

## Generate opportunities building your contact network

moderated by the European Chambers of Commerce in Barcelona  
5:15pm - 6:00pm

ROUNDTABLE WORK & BUSINESS ES

## Organising your new home to feel right at home

offered by the Spanish Association of Professional Organisers (AOPE)  
6:15pm - 6:45pm

CAPSULE PERSONAL LANDING EN

# ROOM 3 ROOM 4

## Barcelona International Community Day consular roundtable

moderated by the organisation  
11:00am - 11:45am

ROUNDTABLE PERSONAL LANDING ES

## Our host ambassadors talk about their arrival in Barcelona

moderated by Both, People & Comms  
12:00pm - 1:00pm

ROUNDTABLE PERSONAL LANDING EN

## Brexit: how does it affect us?

offered by the British Consulate General in Barcelona  
1:15pm - 1:45pm

CAPSULE WORK & BUSINESS EN

## The professions of the future in Barcelona

moderated by Barcelona Activa  
2:00pm - 2:45pm

ROUNDTABLE WORK & BUSINESS EN

## Project yourself and rise with a good elevator pitch

offered by Barcelona Activa  
3:00pm - 3:30pm

CAPSULE WORK & BUSINESS EN

## Choosing a school in Barcelona for your kids

offered by Ajuntament de Barcelona  
3:45pm - 4:15pm

CAPSULE PERSONAL LANDING EN

## Women entrepreneurs

moderated by Casa Asia  
4:30pm - 5:15pm

ROUNDTABLE WORK & BUSINESS EN

## Discover Barcelona's cultural treasures you don't want to miss

offered by Viaje a la Barcelona Secreta  
5:30pm - 6:00pm

CAPSULE ENJOY & PARTICIPATE EN

## Public transport in Barcelona: accessibility and sustainability to arrive to your destination

offered by SOC Mobilitat (Societat Catalana per a la Mobilitat)  
6:15pm - 6:45pm

CAPSULE PERSONAL LANDING EN

## Culture shock: storytelling of your experience in Barcelona

offered by SIETAR Spain  
10:30am - 11:15am

WORKSHOP PERSONAL LANDING EN

## Networking for recent arrivals

offered by Barcelona Activa  
11:30am - 12:15pm

WORKSHOP NETWORKING ES

## Solidarity and volunteering: get in action

led by Taula d'Entitats del Tercer Sector Social de Catalunya and Federació Catalana de Voluntariat Social  
12:30pm - 1:15pm

PITCH ENJOY & PARTICIPATE ES CAT

## Language vermouth

offered by Centre de Normalització Lingüística de Barcelona  
1:30pm - 2:30pm

WORKSHOP ENJOY & PARTICIPATE EN ES CAT

## Wellness tools for newcomers

offered by Therapy in Barcelona  
2:45pm - 3:30pm

WORKSHOP PERSONAL LANDING EN

## Women: from networking to netliving

offered by Daniela Freund  
3:45pm - 4:30pm

WORKSHOP NETWORKING EN

## Language date at tea time

offered by Centre de Normalització Lingüística de Barcelona  
4:45pm - 5:45pm

WORKSHOP NETWORKING EN CAT

# OTHER PLACES

**Get your "Feel the Embrace of Barcelona" T-shirt**  
10:00am - 10:30am / Place Welcome

ENTERTAINMENT

**Connect with volunteering** coordinated by Taula d'Entitats del Tercer Sector Social de Catalunya and Federació Catalana de Voluntariat Social

10:00am - 2:00pm / Place Meeting Point

ACTIVITY ENJOY & PARTICIPATE ES CAT

**Storytelling: stories & tales from sub-Saharan Africa** narrated by Jean Bosco Botsho  
10:30am - 11:00am / Place Play Centre

WORKSHOP CHILDREN'S ACTIVITIES ES

**Radio programme in French** offered by Equinox Radio

10:30am - 4:00pm / Place Radio

RADIO PERSONAL LANDING FR

**Zum dance masterclass** offered by Club Natació Barcelona

10:45am - 11:45am / Place Museum Garden

WORKSHOP ENTERTAINMENT

**Chinese hat making and painting** offered by Escuela de Bambú de Casa Asia  
11:15am - 12:15pm / Place Play Centre

WORKSHOP CHILDREN'S ACTIVITIES

**The Tipi experience!** led by Infantilades Teatre

11:45am EN | 12:25pm ES | 1:00pm CAT

Place Museum Garden (registration at the Tipi)

SHOW CHILDREN'S ACTIVITIES

**Storytelling: stories & tales from sub-Saharan Africa** narrated by Jean Bosco Botsho

12:30pm - 1:00pm / Place Play Centre

WORKSHOP CHILDREN'S ACTIVITIES FR

**Building a world with LEGO** led by Bricks 4 Kidz®

12:30pm - 1:15pm / Place Museum Garden

WORKSHOP CHILDREN'S ACTIVITIES

**Create your own mosaic magnet** offered by Mosaiccos

1:15pm - 1:35pm and 1:55pm - 2:15pm

Place Play Centre

WORKSHOP CHILDREN'S ACTIVITIES

**Music, that universal language that connects us** musical performance offered by BISA Music Band

1:30pm - 2:30pm / Place Museum Garden

PERFORMANCE ENTERTAINMENT

**Get ready for Brexit: Questions and Answers** coordinated by British Consulate General in Barcelona

2:00pm - 4:00pm / Place Meeting Point

ACTIVITY WORK & BUSINESS EN

**The Tipi experience!** led by Infantilades Teatre

3:15pm EN | 3:55pm ES | 4:30pm CAT

Place Museum Garden (registration at the Tipi)

SHOW CHILDREN'S ACTIVITIES

**Connect with volunteering** coordinated by Taula d'Entitats del Tercer Sector Social de Catalunya and Federació Catalana de Voluntariat Social

4:00pm - 6:00pm / Place Meeting Point

ACTIVITY ENJOY & PARTICIPATE ES CAT

**Building a world with LEGO** offered by Bricks 4 Kidz®

4:15pm - 5:00pm / Place Museum Garden

WORKSHOP CHILDREN'S ACTIVITIES

**Have a go at haka** offered by Gensen Palmer

5:15pm - 6:15pm / Place Museum Garden

WORKSHOP ENTERTAINMENT

**Batucada** musical performance offered by Brincadeira

6:30pm - 7:00pm / Place Museum Garden

PERFORMANCE ENTERTAINMENT

## ALL DAY LONG

**Take a picture and "Feel the Embrace of Barcelona"**

10:00am - 6:30pm / Place Photocall

PHOTO BOOTH ENTERTAINMENT

**Looking for a job in Barcelona?** offered by Barcelona Activa

10:00am - 6:30pm / Place Ajuntament de Barcelona - Barcelona Activa Stand

ACTIVITY WORK & BUSINESS EN ES CAT

**Café, international cuisine, artisan beer and icecream** offered by Melting Pot, BlackLab Brewhouse and Gelaati di Marco

10:00am - 6:30pm / Place Agora

GASTRONOMY AREA ENTERTAINMENT

**Children's games** offered by BISA

10:00am - 6:30pm / Place Play Centre

ACTIVITY CHILDREN'S ACTIVITIES

**Face painting** offered by the organisation

10:00am - 6:30pm / Place Face-painting

WORKSHOP CHILDREN'S ACTIVITIES



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# ROOM 1

## Self-employment: everything you need to know to work for yourself

offered by Barcelona Activa

10:30am – 11:00am

CAPSULE WORK & BUSINESS EN

**SPEAKER** Olaya Martínez, Head of Enterprise Services.

**DESCRIPTION** When choosing a career, becoming an independent or self-employed professional is a way to be your own boss. Although it's not complicated, knowing about a few administrative procedures, some of the fiscal implications and certain tricks so you know where to begin can be essential. If you're thinking about becoming self-employed, this session is just for you.

## Cross-culturalism: interact with your adopted culture

offered by eres Relocation

11:15am – 11:45am

CAPSULE PERSONAL LANDING EN

**SPEAKER** Claudia Issa Benítez, Specialist in Intercultural Skills and Diversity and Inclusion Management.

**DESCRIPTION** For most people coming from abroad, living and working in Barcelona is a gratifying adventure. Open-minded people, a Mediterranean climate, healthy food and many cultural and leisure activities. However, getting completely used to a city and having the best possible quality of life doesn't happen automatically. Through real experiences, we'll share some basic advice for new arrivals so they can settle down and easily integrate in the city.

## Financial tips for life in Barcelona

offered by Banco Sabadell

12:00pm – 12:30pm

CAPSULE PERSONAL LANDING EN

**SPEAKER** Mireia Lafoz Ortiz, Director of International Customers.

**DESCRIPTION** What are the procedures for opening a bank account? How do you create a savings plan? Which is the best way to send money to your home country or receive money from it? These are some of the financial (and non-financial) issues facing people in Barcelona's international community. We'll resolve these and other questions in this session.

## Health first: tips on healthcare models, cover and insurance

moderated by Dr. Gabriel Capellá Munar

12:45pm – 1:30pm

ROUNDTABLE PERSONAL LANDING EN

**MODERATOR** Gabriel Capellá Munar, Managing Director of the Bellvitge Biomedical Research Institute (IDIBELL).

### PARTICIPANTS

- Ainhoa Górriz Hernando, Deputy Medical Director at Allianz Care
- Dr Madeleine Smit, CEO and Orthodontist, Turó Park Dental & Medical Center
- Koen Willems, Director and Founder of Healthcare Barcelona, Physiotherapy Barcelona and Running Barcelona.

**DESCRIPTION** Every country has its own healthcare model and health insurance system. All new arrivals in Barcelona should find out about the local healthcare system, both public and

private, as well as the corresponding advantages and differences. At this session, various healthcare sector professionals will present the different services and cover of each system so you can choose the best option for your needs.

## Practical tips for your arrival procedures in Barcelona

offered by Everis

1:45pm – 2:15pm

CAPSULE PERSONAL LANDING EN

### SPEAKERS

- Elisenda Saborit Gilabert, Director of Commitments
- Marta Soler, Business Consultant.

**DESCRIPTION** At this session, information will be provided on some of the procedures new arrivals in Barcelona will need to complete. Some of these procedures are mandatory such as visas and municipal census registration; others are necessary such as applying for a healthcare card or registering a pet and there are even others which are optional yet quite useful in facilitating daily life in the city such as getting a library card.

## Doing sport in Barcelona: a healthy way to integrate

moderated by Sports Department, Ajuntament de Barcelona

2:30pm – 3:15pm

ROUNDTABLE ENJOY & PARTICIPATE EN

**MODERATOR** Oriol Martí, Chief of Staff.

### PARTICIPANTS

- Manu Johary, member of the Catalonia Hockey Club
- Alfred Busquets Canós, member and ex Vice-President of the Barcelona Universitari Club (BUC)
- Sandra Azón, Technical Director of Sailing, Club Natació Barcelona. Olympic medallist: silver at Athens 2004.

**DESCRIPTION** *Mens sana in corpore sano.* Physical activity is a very important part of people's lives. And Barcelona offers an endless number of options, clubs and places to do sport and be a part of the community. At this

roundtable, we'll talk about how sport is a great tool for social integration in the city.

## I like my school: the experiences of students from Barcelona's international schools

offered by Barcelona International Schools Association (BISA)

3:30pm – 4:15pm

ROUNDTABLE PERSONAL LANDING EN

**MODERATOR** a student from a BISA school.

**PARTICIPANTS** students from BISA schools.

**DESCRIPTION** School age boys and girls from international families residing in Barcelona will share their experiences getting used to a new city. What were their first impressions? What did they make new friends? What do they like most about the local culture? What's a typical day like at their school? Sincere testimonials from the youngest members of the international community living in the city.

## Where can you learn foreign languages and cultures in Barcelona?

moderated by Official Schools of Languages of Barcelona

4:30pm – 5:15pm

ROUNDTABLE ENJOY & PARTICIPATE EN

**MODERATOR** Montse Sábata, Head of Studies at the Escola Oficial d'Idiomes de Barcelona - Drassanes.

### PARTICIPANTS

- Rafael Bueno, Director of Policy, Society and Education at Casa Asia
- Sebastien Portelli, Linguistic Cooperation Attaché for the northeast of Spain, Institut Français
- Angelo Gioé, Director of the Istituto Italiano di Barcelona
- Lidia Tubert, Cultural Activity and Administration Coordinator at Fundació Institut Confuci de Barcelona.

**DESCRIPTION** Barcelona is a multicultural, diverse and multilingual city. A few of the foreign culture institutions

responsible for cultural dissemination and the teaching of foreign languages will be on hand to talk to us about this wealth and tell us which languages can be found and studied in the city.

### Would you like to create a business in Barcelona? Barcelona Activa can help

offered by Barcelona Activa  
**5:30pm – 6:00pm**

CAPSULE WORK & BUSINESS EN

**SPEAKER** Xavier Dumont, Head of Entrepreneurship Services.

**DESCRIPTION** If you'd like to create a business in Barcelona or begin a new career, Barcelona Activa is your partner of reference. Its services, programmes and activities will help you throughout the process from forming a business idea to creating your company. In this capsule, we'll

recommend how to turn your business idea into a feasible business plan.

### Discover and enjoy destination Barcelona

offered by Turisme de Barcelona  
**6:15pm – 6:45pm**

CAPSULE ENJOY & PARTICIPATE EN

**SPEAKER** Zaira Pernas, Operational Marketing.

**DESCRIPTION** Destination Barcelona offers all sorts of ways to enjoy unique experiences, one-of-a-kind activities and surprising routes. See and learn about its cultural, historical, gastronomic and wine heritage as well as all the leisure opportunities in a place where doing sport, shopping at hundred-year-old shops or simply relaxing and enjoying the lifestyle are all possible. Get inspired! Find out how Barcelona... is much more!

# ROOM 2

### How to find a job in Barcelona

offered by Barcelona Activa  
**10:30am – 11:00am**

CAPSULE WORK & BUSINESS EN

**SPEAKER** Joana Sanz, Career Advisor.

**DESCRIPTION** Are you looking for a job? Do you know where to begin? In this capsule, we'll give you some advice that will help you develop your career in Barcelona. A good CV, the right personal marketing and how to develop your professional network are some of the issues we'll be discussing at this session. Barcelona Activa has plenty of resources, activities and tools to help you with this process.

### Where to live in Barcelona? Rent or buy?

offered by ATIPIKA - Lifestyle Properties  
**11:15am – 11:45am**

CAPSULE PERSONAL LANDING EN

**SPEAKER** Renzo Riva, Managing Director.

**DESCRIPTION** If you've just arrived in Barcelona and are looking for a place to live, you'll want to find out about the city's real estate sector. For this capsule, we'll share all the information you need to find a place to call home. We'll also help you decide which model best suits your needs, buying or renting. It's a session designed to help you choose better.

### Searching for a job? What are hiring companies in Barcelona looking for?

offered by Page Personnel  
**12:00pm – 12:30pm**

CAPSULE WORK & BUSINESS EN

**SPEAKER** Gizem Baykal, Senior Manager.

**DESCRIPTION** Which profiles are most highly valued by local companies? Which jobs have the best future outlook? Which business sectors are looking for the most international talent? What is the best advice for a successful job interview? At this session, we'll offer you a complete overview of the job market in Barcelona to help you decide where to apply.

### Diversity and inclusion in the workplace

moderated by Clara Montes  
**12:45pm – 1:30pm**

ROUNDTABLE WORK & BUSINESS EN

**MODERATOR** Clara Montes, Diversity Consultant and Director of TEDxBarcelonaWomen.

#### PARTICIPANTS

- Miguel Castro, Global Director of Inclusive Culture at SAP
- Ramón Bernat, President of Specialisterne Spain
- Pura Riera i Jordana, XIB-Xarxa per a la Inclusió Laboral de Barcelona - Institut Municipal de Persones amb Discapacitat.

**DESCRIPTION** Barcelona is an inclusive city for people with disabilities and functional diversity as well as minority groups of all kinds. Diversity and social inclusion are values also found in the workplace. During this roundtable, we'll hear about experiences that show us how people with different yet complementary capabilities and lifestyles co-exist here.

### Why choose Barcelona? Cost of living and quality of life

offered by Mercer  
**1:45pm – 2:15pm**

CAPSULE PERSONAL LANDING EN

**SPEAKER** Juanvi Martínez, Career Area Leader and Director of Human Resources.

**DESCRIPTION** Knowing the cost of living and quality of life in cities is essential to professionals who wish to develop their careers in other countries so they may decide where to settle down. Therefore, the comparative results of the cost of living and quality of life in Barcelona will be presented at this session. These data are collected through an annual study analysing aspects such as housing, transport, food, clothing, household expenses and leisure in more than 200 cities around the world. All of this makes it possible to compare Barcelona with the major international cities around it and answer the question: Why choose Barcelona?

### Discover the all-new Barcelona International Welcome service

offered by City Promotion, Ajuntament de Barcelona  
**2:30pm – 3:00pm**

CAPSULE PERSONAL LANDING EN

**SPEAKER** Judith Romera, Head of City Promotion.

**DESCRIPTION** The presentation of the all-new Barcelona International Welcome service developed by the Ajuntament de Barcelona aimed at providing practical information of all kinds needed by people arriving in Barcelona from other countries so they can become a part of their new host community.

### Tasting Barcelona. An overview of its gastronomy

moderated by "obbio"  
**3:15pm – 4:00pm**

ROUNDTABLE ENJOY & PARTICIPATE EN

**MODERATOR** Irina Costrafreda, Founding Partner.

#### PARTICIPANTS

- Xavi Sitjar, A baja Temperatura
- Roger Ortuño, Comer Japonés
- Elisa Mora de Checa, member of the Associació Celiacs de Catalunya
- Manel Guirado, Gastronomy Professor.



**DESCRIPTION** Barcelona is a gastronomy paradise within Catalan cuisine which is a tasty mix of culture, product, territory, tradition, creativity and innovation. In this city, the Mediterranean diet and local cuisine go hand in hand with international trends in a careful search for flavour, products and experiences. Come discover Barcelona through your palate!

### How to successfully settle in Barcelona as a family?

moderated by SocialFam, where families connect  
**4:15pm – 5:00pm**

ROUNDTABLE PERSONAL LANDING EN

**MODERATOR** Krystal-Joy Williams, Project Manager.

#### PARTICIPANTS

- Jeremy Majeski (United States), father of one
- Kati Mckie (Russia), mother of one
- Pearlyn K Min (Singapore), mother of two
- Zi Makki (United Kingdom), father of two.

**DESCRIPTION** Have you recently landed in Barcelona with your family and would like to meet other families like you? This roundtable offers the experiences of all types of families who have successfully settled down in Barcelona, discussing how to connect with them.

### Generate opportunities building your contact network

moderated by the European Chambers of Commerce in Barcelona  
**5:15pm – 6:00pm**

ROUNDTABLE WORK & BUSINESS ES

**MODERATOR** Eva Prada, Director of the British Chamber of Commerce in Spain.

#### PARTICIPANTS

- Louise Lindberg (Sweden), Jurist at ZAFO LAW
- Patricia Ayodeji (Great Britain), Founding Lawyer at E-PDP
- Julien Palier (France), CEO of DAYSK

– Alessio Merella (Italy), Business Developer at ABINSULA.

**DESCRIPTION** To enrich your network of professional and personal contacts, you not only can integrate into your host society, but also take advantage of the networking offered by your community of origin. Expert professionals from various countries living in Barcelona will talk about the events, organisations and meeting places which are useful to integrating in the local business ecosystem in addition to practical tips on how to take advantage of the business opportunities offered by the city.

### Organising your new house to feel right at home

offered by the Spanish Association of Professional Organisers (AOPE)

**6:15pm – 6:45pm**

CAPSULE PERSONAL LANDING EN

**SPEAKER** Maite Albañil, professional organiser.

**DESCRIPTION** An essential session if you're looking to turn your new place into a comfortable and pleasant home. A professional organiser will share some tips and recommendations on what to keep in mind when organising your things after moving, avoiding all the chaos and creating a place where you feel comfortable and happy.

# ROOM 3

### Barcelona International Community Day consular roundtable

moderated by the

organisation  
**11:00am – 11:45am**

ROUNDTABLE PERSONAL LANDING ES

**MODERATOR** Sergi Vicente, journalist and Director of Betevé.

#### PARTICIPANTS

- Gaia Lucilla Danese, Consul General of Italy
- Cyril Piquemal, Consul General of France
- María Carmen Oñate Muñoz, Consul of Mexico.

**DESCRIPTION** Various representatives of some of the most dynamic international communities in Barcelona will debate on the interests, concerns and activities of people from their countries and discuss the advantages and challenges for them in Barcelona.

### Our host ambassadors talk about their arrival in Barcelona

moderated by Both. People & Comms.

**12:00pm – 1:00pm**

ROUNDTABLE PERSONAL LANDING EN

**MODERATOR** Cristina Salvador, Founder and Director.

#### PARTICIPANTS

- Fadima Diawara (Guinea), CEO and Founder of Kunfabo
- Jean-Phillipe Charles (Belgium), Trainer, Instructor and Consultant in Intercultural Communication
- Julieta Alberio Scala (Argentina), Coordinator of FCB Hockey Social Projects and Special Hockey National Team Manager
- Anjalina Chugani (India), Chef,

Indian Cuisine Instructor and Author of Soul Spices

– Peter Sotirakis (Greece/Australia), Writer, Editor and Translator.

**DESCRIPTION** The five BICD 2019 host ambassadors, one from each continent, are members of the international community of residents in Barcelona. Personally aware of what it's like to successfully settle down in a new city, they'll talk about their arrival in Barcelona, what surprised them the most, what they found the easiest upon integrating and what they wouldn't do again. A session all about exchanging experiences.

### Brexit: how does it affect us?

offered by the British Consulate

General in Barcelona

**1:15pm – 1:45pm**

CAPSULE WORK & BUSINESS EN

**SPEAKER** Lloyd Milen, Consul General.  
**DESCRIPTION** From the very beginning, the Brexit process has raised more questions than certainties and managing the UK's exit from the European Union is becoming more complicated than originally thought. Thus, many British residents in Barcelona and people working for a British company, doing business or with interests in the United Kingdom have all sorts of concerns. During this capsule, we'll give direct and updated information so you can know how to best prepare for Brexit.

### The professions of the future in Barcelona

moderated by

Barcelona Activa

**2:00pm – 2:45pm**

ROUNDTABLE WORK & BUSINESS EN

**MODERATOR** Raúl Sánchez Adell, Head of Innovation.

**PARTICIPANTS**

- Jordi Arrufí, Director of Digital Transformation Projects at Mobile World Capital Barcelona Digital Lab
- Alessandro Zanardi, CEO and Founder of Codework
- Josep Miquel Piqué, Executive President of Technova Barcelona, La Salle
- Michel López, Academic Coordinator at Harbour.Space.

**DESCRIPTION** This panel will debate the evolution of the job market in the city over the next few years. Which occupations, skills and knowledge will be in highest demand? Which companies will need them? Where can you get training to get the necessary skills and knowledge to achieve this specialization? Relevant stakeholders in the digital economy will help create a photograph of the future job market.

**Project yourself and rise with a good elevator pitch** offered by Barcelona Activa  
**3:00pm – 3:30pm**

CAPSULE WORK & BUSINESS EN

**SPEAKER** Joana Sanz, Career Advisor.

**DESCRIPTION** It's said that those who are able to explain a complex idea effectively and in a short time will have the best opportunities in life. This is precisely what the elevator pitch technique is all about: presenting your projects and professional profile quickly and attractively. In this capsule, you'll learn what you need to create your discourse and be able to foster your professional opportunities.

**Choosing a school in Barcelona for your kids** offered by Ajuntament de Barcelona  
**3:45pm – 4:15pm**

CAPSULE PERSONAL LANDING EN

**SPEAKER** Sanne Bruun, Education Expert.

**DESCRIPTION** The local education system, types of schools, the most popular options among international families

arriving to live in the city and the factors to consider when choosing a school will be explained in this session.

**Women entrepreneurs**

moderated by Casa Asia

**4:30pm – 5:15pm**

ROUNDTABLE WORK & BUSINESS EN

**MODERATOR** Gaëlle Patin-Laloy, Manager of the Diversity and Intercultural Programme.

**PARTICIPANTS**

- Fadima Diawara (Guinea), CEO and Founder of Kunfabo
- Lynn Wong (Singapore), founding partner of EventoPlus
- Ana Fernández (Argentina), architect and Director of Archi\_collective and founding partner of Cohousing LAB.

**DESCRIPTION** Many women around the world have found that Barcelona is a city where they can successfully develop their creative entrepreneurial projects and careers. Their testimony is key to sharing experiences and tools to learn and inspire other women. At this session, you can exchange points of view and real situations with them so your project is more innovative, more solid and effective.

**Discover Barcelona's cultural treasures you don't want to miss** offered by Viaje a la Barcelona Secreta

**5:30pm – 6:00pm**

CAPSULE ENJOY & PARTICIPATE EN

**SPEAKER** Pedro Guerrero, Project Coordinator, *Viaje a la Barcelona Secreta*.

**DESCRIPTION** The cultural offering in Barcelona is so broad that it's often hard to know where to begin. We'd like to help you discover the cultural wealth of Barcelona, the most emblematic places to enjoy the best music, theatre, dance, exhibitions and art in general as well as the impressive calendar of festivals and popular events in the city.

**Public transport in Barcelona: accessibility and sustainability to arrive at your destination** offered by SOC Mobilitat (Societat Catalana per a la Mobilitat)

**6:15pm – 6:45pm**

CAPSULE PERSONAL LANDING EN

**SPEAKER** Anahí Martín, Director of Marketing and Communication.

**DESCRIPTION** Barcelona has got a

complete public transport system which is accessible and sustainable to get around anywhere in the city and the metropolitan area and which also helps improve air quality and fight climate change. Options like Bicing and the extensive multimodal system guarantee people will arrive at their destinations in an environmentally-friendly way. At this session, we'll find out about these systems and how to access them.

# ROOM 4

**Culture shock: storytelling of your experience in Barcelona** offered by SIETAR Spain (Society for Intercultural Education, Training & Research)

**10:30am – 11:15am**

WORKSHOP PERSONAL LANDING EN

**WORKSHOP LEADER** Anna Rodríguez Casadevall, President.

**DESCRIPTION** Culture shock is the process of adapting to the change from living in a familiar and predictable setting to living in a totally different culture. It's a new reality that can be constantly distracting and not only professionally. What are the signs of culture shock? How can you deal with it? And what about returning home? Chimamanda Adichie says our lives and our cultures are made up of inter-related stories so, why not take advantage of those stories to enjoy the whole process of adaptation and Barcelona? At this workshop, participants will write their own stories about arriving in Barcelona and culture shock/adaptation through storytelling.

**Networking for recent arrivals** offered by Barcelona Activa  
**11:30am – 12:15pm**

WORKSHOP NETWORKING ES

**SPEAKER** Rosaura Alastruey, expert in professional networking.

**DESCRIPTION** If no one knows you, you don't exist: a good network of personal and professional relationships is the key to personal, emotional and professional success. Creating such a network requires certain skills, knowledge and a strategy for what you want to achieve and how you're going to do it. We'll demonstrate all of this to you at this session.

**Solidarity and volunteering, get in action** led by Taula d'Entitats del Tercer Sector Social de Catalunya and Federació Catalana de Voluntariat Social  
**12:30pm – 1:15pm**

PITCH ENJOY & PARTICIPATE ES CAT

**PARTICIPANTS**

- Creu Roja Barcelona
- Fundació Amics de la Gent Gran
- ASSÍS Centre d'acollida
- Fundació Joan Salvador Gavina
- Associació inVia
- Voluntariat per la llengua
- Bienfaisance Barcelone.

**DESCRIPTION** Would you like to become a volunteer? Barcelona has proactive citizens who are very much interested in helping improve society. At this session, you can find out about the initiatives, associations and charity organisations in the city with your same concerns as far as social action and solidarity.

**Language vermouth** offered by Centre de Normalització Lingüística de Barcelona (CNL)  
**1:30pm – 2:30pm**

WORKSHOP ENJOY & PARTICIPATE EN ES CAT

**LEADERS** Emma Navó i Berruezo and Judit Riart i Ferrer, Language Standards Specialists.

**DESCRIPTION** Did you know 300 different languages are spoken in Barcelona? In such a multilingual city, what is the role of the Catalan language? We'll talk about seeing Catalan as an added value while practising one of the most deeply-rooted traditions in the city: having a vermouth!

**Wellness tools for newcomers** offered by Therapy in Barcelona  
**2:45pm – 3:30pm**

WORKSHOP PERSONAL LANDING EN

**SPEAKER** Leigh Matthews, Therapist.  
**DESCRIPTION** Being a foreigner who lives in Barcelona is not always fun (even though it is sometimes). At this workshop, we'll discuss the difficult part of life for recent arrivals and offer a few practical strategies for building a set of wellness tools to support them wherever they may go. The aim of the presentation is to help participants understand cultural shock, explore the challenges in life for recent arrivals in Barcelona, reflect upon their intercultural competency,

identify the skills that help more forward and learn a few new ones for managing this new life.

**Women: from networking to netliving** offered by Daniela Freund  
**3:45pm – 4:30pm**

WORKSHOP NETWORKING EN

**LEADER** Daniela Freund, Sant Ignasi Faculty of Tourism and Hotel Management (URL), visiting lecturer, ESADE Business & Law School.

**DESCRIPTION** The session will offer active dynamics designed to spread awareness for the benefits of networking and the importance of women's associations. Creating a solid network of relationships can make the difference between the success and failure of a project and the key lies in viewing networking as a holistic tool that can meet personal and professional goals. This workshop will offer space for real networking with the presence of leading women's associations in Barcelona.

**Language date at tea time** offered by Centre de Normalització Lingüística de Barcelona (CNL)  
**4:45pm – 5:45pm**

WORKSHOP NETWORKING EN CAT

**LEADER** Marcel Pellejà i Adalid, Language Volunteer Manager.

**DESCRIPTION** Would you like to participate in linguistic speed dating? Do you know a little Catalan? Would you like to practice and get fluent? Come have a tea with the successful programme *Voluntariat per la llengua!*

# OTHER PLACES

**Get your “Feel the Embrace of Barcelona” T-Shirt**

**10:00am – 10:30am**

Place **Welcome**

ENTERTAINMENT

**DESCRIPTION** To celebrate the 6th edition of Barcelona International Community Day, we've designed exclusive “Feel the embrace of Barcelona” t-shirts for the first visitors. Don't miss out! Be one of the first and get yours!

**Connect with volunteering**

coordinated by Taula d'Entitats del Tercer Sector Social de Catalunya and Federació Catalana de Voluntariat Social

**10:00am – 2:00pm**

Place **Meeting Point**

ACTIVITY ENJOY & PARTICIPATE EN CAT

**DESCRIPTION** Some social organisations will be presenting their volunteer opportunities and you'll be able to sign up to participate. It's the best way to integrate into the city and give back a little to society. The following organisations will be present:

**10:00am – 11:00am**

- Fundació Amics de la Gent Gran ([www.amicsdelagentgran.org](http://www.amicsdelagentgran.org))
- Bienfaisance Barcelone ([www.bienfaisance-barcelone.es](http://www.bienfaisance-barcelone.es))

**11:00am – 12:00pm**

- ASSÍS Centre d'acollida ([www.assis.cat](http://www.assis.cat))
- Dataforgood Barcelona ([www.dataforgoodbcn.com](http://www.dataforgoodbcn.com))

**12:00pm – 1:00pm**

- Creu Roja Barcelona ([www.creuroja.org](http://www.creuroja.org))
- FGS Hospital de la Santa Creu i Sant Pau ([www.santpau.cat/web/public/voluntariat](http://www.santpau.cat/web/public/voluntariat))

**1:00pm – 2:00pm** Fundació Joan Salvador Gavina ([www.fgavina.org](http://www.fgavina.org))

**Storytelling: stories and tales from sub-Saharan Africa**

narrated by Jean Bosco Botsho

**10:30am – 11:00am**

Place **Play Centre**

WORKSHOP CHILDREN'S ACTIVITIES EN

**LEADER** Jean Bosco Botsho.

**DESCRIPTION** The best stories and tales from the countries south of the Sahara, told by a great narrator. An activity that will delight young and old alike. This first session will be in Spanish.

**Radio programme in French**

offered by Equinox Radio

**10:30am – 4:00pm**

Place **Radio**

RADIO PERSONAL LANDING FR

**DESCRIPTION** If you're a French speaker, come along and participate in this radio programme. Interviews will be held with different protagonists of the Barcelona International Community Day who will tell their experiences in Barcelona, a multicultural city full of opportunities.

**Zum dance masterclass** offered

by Club Natació Barcelona

**10:45am – 11:45am**

Place **Museum Garden**

WORKSHOP ENTERTAINMENT

**OFFERED BY** Anna Benalcazar.

**DESCRIPTION** A discipline that is no longer seen as dance but rather healthy exercise and an opportunity to meet people. Activate your heart, muscles as well as the pace of your life and circle of friends with this masterclass taught by real experts.

**Chinese hat: making and painting** offered by the Bamboo

School of Casa Asia

**11:15am – 12:15pm**

Place **Play Centre**

WORKSHOP CHILDREN'S ACTIVITIES

**WORKSHOP LEADER** Su Keman Qiu.  
**DESCRIPTION** A place that's open to the creativity of both young and old where we'll learn techniques to design, produce and decorate traditional Chinese hats. At this workshop, anyone can be an artist starting at just three years old.

**The Tipi experience!** offered by Infantilades Teatre

**11:45am** EN | **12:25pm** ES | **1:00pm** CAT  
 Place **Museum Garden**

SHOW CHILDREN'S ACTIVITIES

**LEADERS** Mireia Branera and Carla Federico.

**DESCRIPTION** Haven't you always wanted to hide away in a secret cabin? *The Tipi Experience!* is a sensory, ritual and secret experience. It's a magical environment in and outside the tipi with scenery evoking nature. Ritual elements are used like shamanic drums as well as ritual theatre, sensory theatre, storytelling and prop-based theatre. All of this creates an unforgettable magical and artistic experience so young kids can feel respect for the planet and connect with the most ancient of rituals from faraway places. **For capacity, you must sign up at the Tipi.**

### Storytelling: stories and tales from sub-Saharan Africa

narrated by Jean Bosco Botsho

**12:30pm - 1:00pm**

Place **Play Centre**

WORKSHOP CHILDREN'S ACTIVITIES FR

**LEADER** Jean Bosco Botsho.

**DESCRIPTION** The best stories and tales from the countries south of the Sahara, told by a great narrator. An activity that will delight young and old alike. This session will be in French.

### Building a world with LEGO

offered by Bricks 4 Kidz®

**12:30pm - 1:15pm**

Place **Museum Garden**

WORKSHOP CHILDREN'S ACTIVITIES

**OFFERED BY** Olga Vizuete, from Bricks 4 Kidz®.

**DESCRIPTION** A workshop specially designed for the youngest in the house. Playing with LEGO bricks is not only fun, but also provides a chance to develop one's creativity and imagine a better world of co-existence and collaboration.

### Create your own mosaic magnet

offered by Mosaicco  
**1:15pm - 1:35pm** and **1:55pm - 2:15pm**  
 Place **Play Centre**

WORKSHOP CHILDREN'S ACTIVITIES

**WORKSHOP LEADER** Angelika Heinbach, Creative Director.

**DESCRIPTION** At this workshop, kids will design and create their own refrigerator magnet with pre-cut mosaic pieces. They'll develop a taste for colour and beauty through art and manual activities. The best thing about it: they will all be able to take their own magnet home! Lasts approximately 20 min. Limited places. Material suitable for children over 3 years of age.

### Music, that universal language that connects us

musical performance offered by Barcelona International Schools Association - BISA Music Band  
**1:30pm - 2:30pm**  
 Place **Museum Garden**

PERFORMANCE ENTERTAINMENT

**DESCRIPTION** Music is a universal language and, therefore, an important means for communication and integration for new arrivals. Young musicians from the BISA Schools will gather at this event to play together for the first time ever. Don't miss this unique opportunity to witness a jam session offered by students from Barcelona's international schools. Listen, relax and enjoy. It's a perfect time to take a break on such an intense day.

### Get ready for Brexit: Questions and Answers.

coordinated by the British Consulate General in Barcelona

**2:00pm - 4:00pm**

Place **Meeting Point**

ACTIVITY WORK & BUSINESS EN

**DESCRIPTION** Stop by this meeting point where members from the British Consulate team will be on hand to answer your questions about Brexit so you can get the most up-to-date information.

**The Tipi experience!** offered by Infantilades Teatre

**3:15pm** EN | **3:55pm** ES | **4:30pm** CAT  
 Place **Museum Garden**

SHOW CHILDREN'S ACTIVITIES

**LEADERS** Mireia Branera and Carla Federico.

**DESCRIPTION** Haven't you always wanted to hide away in a secret cabin? *The Tipi Experience!* is a sensory, ritual and secret experience. It's a magical environment in and outside the tipi with scenery evoking nature. Ritual elements are used like shamanic drums as well as ritual theatre, sensory theatre, storytelling and prop-based theatre. All of this creates an unforgettable magical and artistic experience so young kids can feel respect for the planet and connect with the most ancient of rituals from faraway places. **For capacity, you must sign up at the Tipi.**

### Connect with volunteering

coordinated by Taula d'Entitats del Tercer Sector Social de Catalunya and Federació Catalana de Voluntariat Social

**4:00pm - 6:00pm**

Place **Meeting Point**

ACTIVITY ENJOY & PARTICIPATE ES CAT

**DESCRIPTION** Some social organisations will be presenting their volunteer opportunities and you'll be able to sign up to participate. It's the best way to integrate into the city and give back a little to society. The following organisations will be present:

**4:00pm - 5:00pm**

– Associació invia ([www.invia.cat](http://www.invia.cat))  
 – Fundació Banc dels Aliments ([www.bancdelsaliments.org](http://www.bancdelsaliments.org))

**5:00pm - 6:00pm**

– Voluntariat per la llengua ([www.vxl.cat](http://www.vxl.cat))  
 – Enginyers Voluntaris ([www.enginyersvoluntaris.cat](http://www.enginyersvoluntaris.cat))

### Building a world with LEGO

offered by Bricks 4 Kidz®

**4:15pm - 5:00pm**

Place **Museum Garden**

WORKSHOP CHILDREN'S ACTIVITIES

**OFFERED BY** Olga Vizuete, from Bricks 4 Kidz®.

**DESCRIPTION** A workshop specially designed for the youngest in the house. Playing with LEGO bricks is not only fun, but also provides a chance to develop one's creativity and imagine a better world of co-existence and collaboration.

**Have a go at haka** offered by Gensen Palmer

**5:15pm - 6:15pm**

Place **Museum Garden**

WORKSHOP ENTERTAINMENT

**OFFERED BY** Gensen Palmer, a rugby player from New Zealand.

**DESCRIPTION** *Haka* is a traditional dance from Māori culture (the original peoples of New Zealand / Aotearoa) which involves war calls. It transmits the pride, strength and unity of a group or tribe. It became famous worldwide because it was a ritual used by the All Blacks before starting their Rugby matches. At this workshop, we'll learn this ritual from Gensen Palmer, a rugby player from New Zealand.

**Batucada** musical performance offered by Brincadeira

**6:30pm - 7:00pm**

Place **Museum Garden**

PERFORMANCE ENTERTAINMENT

**DESCRIPTION** Of Brazilian origin, the batucada combines various percussion instruments in one. It's an extraordinary example of the cultural and social diversity and intermixing Barcelona has been able to create. An emotional and sensitive performance that, above all, has a whole lot of spirit.

# ALL DAY LONG

## Take a picture and “Feel the Embrace of Barcelona”

10:00am – 6:30pm

Place **Photocall**

PHOTO BOOTH ENTERTAINMENT

**DESCRIPTION** Stop by the photocall and get your picture taken with the props we've prepared. You're going to be a star! Capture your #BarcelonalCD moment, print your picture and send it so you can have it as a souvenir and feel the city's embrace.

## Looking for a job in Barcelona?

offered by Barcelona Activa

10:00am – 6:30pm

Place **Ajuntament de Barcelona - Barcelona Activa stand**

ACTIVITY WORK & BUSINESS EN ES CAT

**DESCRIPTION** Visit the Ajuntament de Barcelona - Barcelona Activa stand and register for free with the Barcelona Activa Business-Occupation Platform. There, you'll be able to post your CV and register for current job openings as well as sign up for courses and activities that will help you look for work. Don't forget to bring your passport or other form of ID and digital CV.

## Café, international cuisine and craft beer and ice creams

offered by Melting Pot, BlackLab Brewhouse and Gelaaati di Marco.

10:00am – 6:30pm

Place **Agora**

GASTRONOMY AREA ENTERTAINMENT

**DESCRIPTION** Here you can try some exquisite dishes typical of the

Programme of activities

Greek, Moroccan and Venezuelan gastronomy which are heavily present in Barcelona, along with some craft beer and ice creams. A selection prepared in Barcelona by experts who are promoting the value of food and drink as ways to facilitate positive interaction with cultural diversity in Barcelona all while encouraging talent in the kitchen. Ideal for a break and to chat with other BICD visitors.

## Children's games

offered by BISA

10:00am – 6:30pm

Place **Play Centre**

ACTIVITY CHILDREN'S ACTIVITIES

**DESCRIPTION** A place where the youngest in the family can play, have fun and relate with other kids in a place designed just for them.

## Face painting

offered by the organisation

10:00am – 6:30pm

Place **Face-painting**

WORKSHOP CHILDREN'S ACTIVITIES

**DESCRIPTION** Have fun filling your face with colour, glitter or stickers. Become one of your favourite characters with fantasy makeup!

# Metropolitan

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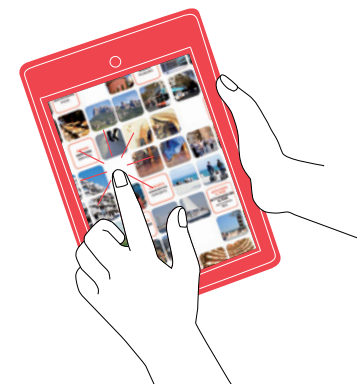
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FEEL  
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For the sixth Barcelona International Community Day, we are honoured by the presence of our host ambassadors.

These five people have a special mission: to welcome you to the city and help you feel right at home with their advice and experiences.

Their names are **Anjalina Chugani** (India), **Fadima Diawara** (Guinea), **Jean-Philippe Charles** (Belgium), **Julieta Alberio** (Argentina) and **Peter Sotirakis** (Australia).

They arrived in Barcelona from five different continents with their own baggage and unique situations, all dedicated to different professional activities. Each and every one of them knows what it's like to settle down here and they all now feel as though Barcelona is their city, their home.

**At 12pm, they'll be featured at the roundtable "Our host ambassadors talk about their arrival in Barcelona" (Room 3). You're invited to hear about their experiences and exchange ideas with them!**

You can watch the videos of the interviews with our hosts ambassadors on the web [www.barcelona.cat/internationalcommunityday](http://www.barcelona.cat/internationalcommunityday)

HOST  
AMBASSADORS

# Anjalina Chugani



**From India**  
**Chef and Indian Culinary Instructor**

## How did you integrate in the city?

In order to become a part of Barcelona and life in this city, I basically tried to integrate into the daily life, the neighbourhood, the local markets, meet people from my neighbourhood... that was the easiest way for me to integrate here.

## What advice would you give a family who's just arrived in Barcelona to make their integration easier?

If you come to Barcelona, whether a family or someone who's single, I think the best way to integrate is get out and talk to people. Even if you don't know the language very well, I believe the best thing you can do is try. Give yourself little tests, make errors and learn to become a part of the city.

## What has Barcelona brought or what does it bring to your life?

The city has given me a certain sense of confidence and has opened up many doors as far as achieving my dreams, my passion and my project: teaching Indian cooking.

# Fadima Diawara



**From Guinea**  
**CEO and Founder of Kunfabo**

## What do you like most about Barcelona?

The climate and the people. The people are really open here and it's easy for someone from abroad to integrate because you arrive and live with people with very open minds.

## As a businesswoman in the sector of technology and smartphones, what is your view of the city?

As an entrepreneur in the field of technology, Barcelona is an opportunity: I've been able to create a new smartphone brand that is adapted to the African continent. This city gives you a lot of visibility and even more so for those of us who work in the field of technology. In fact, I began this project here: the project was born here and developed here. Although I work with other professionals in Africa, the foundation was laid here.

## What advice would you give someone who's just arrived in Barcelona to make their integration easier?

I'd recommend they first learn the language and open up. Don't limit yourself to your community, do sport, work and, above all, interact with people to be able to understand them.



# Jean-Philippe Charles

**From Belgium**  
**Expert on Intercultural Education**

## What motivated you to come to this city?

Barcelona was a city I knew before moving. It was my mandatory stop before heading off on holidays to the beaches on Costa del Sol, Costa Blanca... Plus, there's the tapas, Barça... and when a company asked me to come work in Barcelona, the decision was quite easy. I wanted to work and I wanted to live here.

## What do you like most about Barcelona?

The climate. When you come from Belgium, you really value the climate, the clear blue skies, the sun and the sea in the city. I also really like walking and Barcelona is a city you can discover on foot. I love discovering neighbourhoods like Poble Nou, Poble Sec, Gràcia and Sarrrià. Barcelona is a city where you can walk or use public transport; it's a city for pedestrians and I really like that a lot.

## What other city in the world is like Barcelona?

I've never found a similar city; it's a unique city. This combination of climate, gastronomy, architecture, diversity... I don't know of any other city like Barcelona. It's a unique city and I love it. It's my city now.



# Julieta Alberio

**From Argentina**  
**Occupational Therapist**

## What does Barcelona mean to you?

If I had to define Barcelona in one word, it would certainly be "surprising".

## What motivated you to come here?

I didn't really have any special reason to come to Barcelona; it was love at first sight. I came by chance and found my place. I arrived and just knew it. My heart was telling me, "this is your place". Plus, arriving in Barcelona sort of opened up my heart and I realized what I really wanted to be.

## Was it easy for you to adapt to the city?

Barcelona has something that integrates... I never felt excluded. From the very first day I arrived, I always felt like I was just like everyone else. This city gave me the freedom to create, to flow and find myself.



# Peter Sotirakis



**From Australia  
Translator and Interpreter**

## What motivated you to come to Barcelona?

I first came as a tourist; I was a traveller who knew the pre-Olympic Barcelona. However, destiny led me to living in Belgium and, after 2 years there, I missed the sun and the Mediterranean just like many others who come here. So, I thought, why not try my luck in Barcelona? And, I've now been here for 26 years. There was no woman or romantic reason... well, the only romance I had was with the city.

## What advice would you give someone who's just moved to this city?

Before moving to Barcelona, I think it's important to learn a bit of the language, Catalan or Spanish, to be able to communicate better and enjoy the city better and integrate.

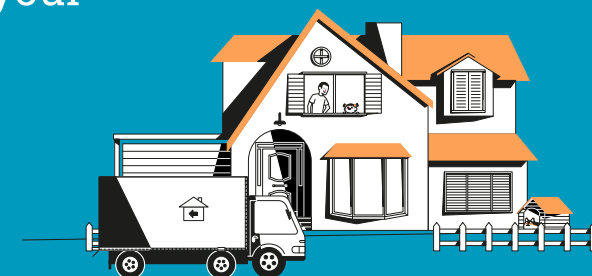
## What does Barcelona mean to you?

If I had to define Barcelona in one sentence, I'd use something once said by a fellow Australian, the great writer Robert Hughes, who wrote a book called *The Great Enchantress*.

Host Ambassadors

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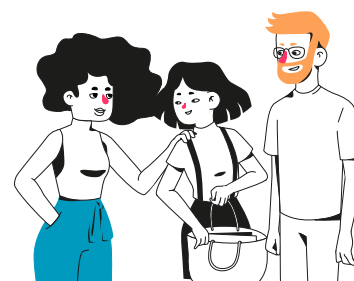
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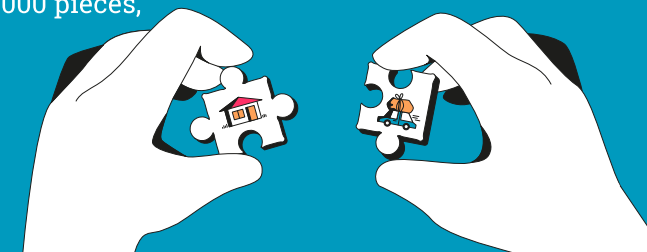
-  Immigration & Government Compliance
-  Work and Residence Permit  
NIE Application  
(Registration Certificate for EU citizens)
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-  Social Security Registration  
Medical Registration
-  Tax Advice / "Special Tax Regime"
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[www.hamelinlaie.com](http://www.hamelinlaie.com)  
[www.sixlemonworld.com](http://www.sixlemonworld.com)  
[info@escolessas.com](mailto:info@escolessas.com)



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**Barcelona City Council -  
Barcelona Activa**



Through its City Promotion Department, the City Council of Barcelona promotes Barcelona as an attractive place for international talent and works to help welcome, invigorate and foster loyalty of the international community. It does this through the Barcelona International Welcome service. Barcelona Activa, the organisation responsible for boosting the city's economic development, fosters employment and entrepreneurship in addition to supporting companies so as to improve the quality of life of the city's people.

**web** [www.barcelona.cat/internationalwelcome](http://www.barcelona.cat/internationalwelcome), [www.barcelonactiva.cat](http://www.barcelonactiva.cat)

**email** [citypromotion@barcelonactiva.cat](mailto:citypromotion@barcelonactiva.cat)

**Banco Sabadell**



With more than 135 years of history, Banco Sabadell is the fourth largest financial institution in Spain. The bank currently has more than 224 billion euros in assets and is trusted by 12 million customers. In the last decade, it has experienced a historic growth phase reflecting its strength throughout the crisis and restructuring of the Spanish financial system and through its international expansion into Mexico, Peru, Colombia and the United Kingdom. Banco Sabadell is a pioneer in the establishment of departments and offices specialising in non-resident foreigners in Spain whether expatriates or residential tourists.

**web** [www.bancsabadell.com](http://www.bancsabadell.com)

**email** [info@bancsabadell.com](mailto:info@bancsabadell.com)

**Allianz Care**



Allianz Care is the specialised Allianz Partners (Grupo Allianz) brand that offers international health, life and disability insurance as well as a broad range of healthcare and protection services for organisations, companies and private citizens around the world. These products and services help people, families, international students, SMEs, large multinational companies, intergovernmental organisations (IGOs), non-governmental organisations (NGOs) and other organisations attract and retain staff, look after their wellbeing and manage international mobility with complete protection guarantees.

**web** [www.allianzcare.com](http://www.allianzcare.com)

**email** [carlos.delacruz@allianz.com](mailto:carlos.delacruz@allianz.com), [sales@allianzworldwidecare.com](mailto:sales@allianzworldwidecare.com)

### ATIPIKA - Lifestyle Properties



At ATIPIKA, they've been offering property buying and selling, leasing and asset management solutions since 1999, all adapted to each client's and each owner's needs. Thousands of property brokerage transactions back their immense professionalism. Their clients include Spanish and international private individuals, multinational companies, consulates, financial institutions and official organisations. With extensive international experience and in-depth sector knowledge, their multilingual team offers personalised attention and excellent properties in the best areas of Barcelona city, Baix Llobregat and Maresme. Their main offices are conveniently located for meetings with clients right in the middle of Passeig de Gràcia, the most emblematic spot in Barcelona. The products available include residential properties, offices, investment products, land and hotels.

**web** [www.atipika.com](http://www.atipika.com)  
**email** [info@atipika.com](mailto:info@atipika.com)

### Barcelona International Schools Association (BISA)



BISA is the association that groups most of the international schools in Barcelona: American School of Barcelona, Benjamin Franklin International School, British School of Barcelona, British College of Gavà, Deutsche Schule Barcelona, ES International School, Kensington School, Lycée Français de Barcelone, Lycée Français de Gavà Bon Soleil, Oak House School, SEK Catalunya International School, Schweizerschule Barcelona and Scuola Italiana di Barcellona. All of these schools have come together to improve the quality of their teaching, share resources, create a climate of international cooperation and create ties between members and the pertinent local and international governments.

**web** [www.bisa.info](http://www.bisa.info)  
**email** [info@bisa.info](mailto:info@bisa.info)

### eres Relocation



At eres Relocation, they're specialists in international mobility. They provide immigration, transfer, taxation and consulting services to companies and private individuals. With offices in Madrid, Barcelona, Malaga, Lisbon, Porto, Paris and Milan, they cover all of Spain, Portugal, France and Italy as well as more than 80 other countries with their network. The eres team knows it is a reference for a crucial time in life - moving. They empathise and offer a human touch to the services rendered.

**web** [www.eresrelocation.com](http://www.eresrelocation.com)  
**email** [barcelona@eresrelocation.com](mailto:barcelona@eresrelocation.com)

Exhibitors

### Page Personnel



At Page Personnel, they help you with your career. They're in contact with the best companies in Barcelona to link them with the best international talent. Specialising in different sectors and professional profiles, their international consultants know the market and can advise you. Page Personnel help change lives!

**web** [www.pagepersonnel.es/cv](http://www.pagepersonnel.es/cv)  
**email** [comunicacion@pagepersonnel.es](mailto:comunicacion@pagepersonnel.es)

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## Basic stands: companies and organisations

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Audioprojects is a post-production studio with state-of-the-art recording facilities with studios in La Garriga and Barcelona. They provide localisation services (dubbing and subtitling) into English, French, German, Italian or Spanish for film studios, broadcasters and digital retailers.

**web** [www.audioprojects.com](http://www.audioprojects.com)

**email** [hola@audioprojects.com](mailto:hola@audioprojects.com)

### Balcells Lawyers Group (Legal, Immigration, Business & Taxes)



Balcells Lawyers Group helps expatriates throughout the world secure a residence permit for Spain in addition to everything else concerning fiscal optimisation, the purchase of property and company creation.

**web** [www.balcellsgroup.com](http://www.balcellsgroup.com), [www.immigrationspain.es](http://www.immigrationspain.es)

**email** [info@balcellsgroup.com](mailto:info@balcellsgroup.com)

### Barcelona Cultura



The Institut de Cultura de Barcelona (Cultural Institute of Barcelona) works to create, manage and maintain the city's artistic, scientific, natural and documental heritage, disseminating culture throughout the city's districts and neighbourhoods and promoting cultural activities and providing incentives for the presence of cultural industries and facilities in Barcelona.

**web** [www.cultura.barcelona](http://www.cultura.barcelona)

**email** [comunicacioicub@bcn.cat](mailto:comunicacioicub@bcn.cat)

### Barcelona Digital Talent



Barcelona Digital Talent is an alliance formed by the major stakeholders in Barcelona's digital ecosystem to position the city as an international talent hub. The initiative aims to recruit and retain local and international digital professionals to meet the need for digital talent.

**web** [www.barcelonadigitaltalent.com](http://www.barcelonadigitaltalent.com)

**email** [info@barcelonadigitaltalent.com](mailto:info@barcelonadigitaltalent.com)

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[www.stpatricksinternationalschool.com](http://www.stpatricksinternationalschool.com)



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### Barcelona LGTBI Center



The Barcelona LGTBI Center is the municipal team of reference on sexual and gender diversity. This organisation offers a long list of information, orientation and direct services. Moreover, it develops a cultural, community action and awareness programme that's open to everyone.

**web** [www.centrelgtbi.barcelona](http://www.centrelgtbi.barcelona)

**email** [info@centrelgtbibcn.org](mailto:info@centrelgtbibcn.org)

### Barcelona Metropolitan



Barcelona Metropolitan is the only weekly magazine dedicated to the English-speaking expatriate community. They're experts in digital marketing, sponsored articles and social network promotions that connect expatriates to leading suppliers of key products and services for the international community.

**web** [www.barcelona-metropolitan.com](http://www.barcelona-metropolitan.com)

**email** [victor@barcelona-metropolitan.com](mailto:victor@barcelona-metropolitan.com)

### BCN Business Services



BCN Business Services assists international entrepreneurs in Barcelona. They support arrival in the city and the creation of successful businesses by facilitating all of the necessary administrative procedures such as establishment, accounting, personnel management, insurance and interaction with authorities.

**web** [www.bcnbs.com](http://www.bcnbs.com)

**email** [hello@bcnbs.com](mailto:hello@bcnbs.com)

### Bricks 4 Kidz®



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**web** [www.bricks4kidz.es/barcelona](http://www.bricks4kidz.es/barcelona)

**email** [barcelona@bricks4kidz.es](mailto:barcelona@bricks4kidz.es)

### Cámaras de Comercio Europeas en Barcelona



The European Chambers of Commerce in Barcelona have more than 1,500 associated companies and represent 10 European countries. Their activities include encouraging networking among associates through various activities, the provision of assistance services to companies so they may set up business in different markets and training activities.

– German Chamber of Commerce for Spain, [www.ahk.es](http://www.ahk.es)

– Belgian-Luxemburg Chamber of Commerce in Barcelona, [www.cccblb.com](http://www.cccblb.com)

– Hispano-Finnish Chamber of Commerce, [www.camarafinlandesa.com](http://www.camarafinlandesa.com)

– French Chamber of Commerce and Industry of Barcelona, [www.camarafrancesa.es](http://www.camarafrancesa.es)

– Italian Chamber of Commerce, [www.camaraitaliana.com](http://www.camaraitaliana.com)

– British Chamber of Commerce in Spain, [www.britishchamberspain.com](http://www.britishchamberspain.com)

– Hispano-Swedish Chamber of Commerce of Barcelona, [www.cchsbcn.com](http://www.cchsbcn.com)

– Hispano-Portuguese Chamber of Commerce and Industry, [www.chp.es](http://www.chp.es)

– Danish Business Circle of Barcelona, [www.circulodanes.com](http://www.circulodanes.com)

**web** [www.camaraseuropeas.com](http://www.camaraseuropeas.com)

### Centre de Normalització Lingüística de Barcelona



Since 1989, The Centre de Normalització Lingüística de Barcelona has been promoting the use and knowledge of Catalan language in the city. They organise Catalan courses of all levels, both classroom-based and online, and offer linguistic consulting to all types of organisations. They foster the *Voluntariat per la llengua* programme and encourage cultural activities in Catalan throughout the city. Get involved!

**web** [www.cpln.cat/barcelona](http://www.cpln.cat/barcelona)

**email** [barcelona@cpln.cat](mailto:barcelona@cpln.cat)

### Crystal Finance



Crystal Finance offers international private asset management advisory services covering all aspects of personal and professional assets both as regards civil and fiscal issues. Their staff provide personalized financial and real estate investment solutions. As part of the French Crystal Group, they're present in 40 countries with offices in Spain in Barcelona and Madrid.

**web** [www.crystal-finance.com](http://www.crystal-finance.com)

**email** [iberia@crystal-finance.com](mailto:iberia@crystal-finance.com)

### Diagonal International Moving



Diagonal International Moving offers their international moving services from/to Spain and any country in the world. Complete and grouped dispatches by land, sea or air. Personalised services to care for your belongings through all collection, transport and delivery procedures as well as customs processes and port and airport procedures, as necessary. A single liaison contact person is assigned for questions, clarifications and the management of the entire door-to-door service. All-risk insurance and furniture warehousing for transit/storage during your move, if required.

**web** [www.mudanzasdiagonal.com](http://www.mudanzasdiagonal.com)  
**email** [info@mudanzasdiagonal.com](mailto:info@mudanzasdiagonal.com)

### Diputació de Barcelona



The Diputació de Barcelona aims to promote the province of Barcelona as a holiday and business destination. It offers different products and activities designed to make it easier for expatriates to visit the regions of Barcelona. "Barcelona is much more" is a programme that allows people to discover new experiences related to culture, architecture, nature and oenology, among other areas.

**web** [www.barcelonaesmoltmes.cat](http://www.barcelonaesmoltmes.cat)  
**email** [promocio@diba.cat](mailto:promocio@diba.cat)

### DKV Health



With DKV Health Insurance plans, you can get access to the best private medicine with everything you need to look after your health and quality of life without any access or expenditure limits. Your health is 100% covered all over the world.

**web** [www.dkvseguros.com](http://www.dkvseguros.com)  
**email** [albalucia.hincapie@dkvdirecto.com](mailto:albalucia.hincapie@dkvdirecto.com)

### EAE Business School



EAE Business School is a business school that specializes in higher education. It offers Executive MBA, master's and undergraduate degree programmes.

After more than 60 years educating successful business leaders, more than 73,000 managers and executives from more than 100 different countries have received training from EAE.

**web** [www.eae.es](http://www.eae.es)  
**email** [eventos@eae.es](mailto:eventos@eae.es)

### Escoles Oficials d'Idiomes de Barcelona



The Official Languages Schools are public institutions that teach languages to adults. EOI courses can be done in the classroom face-to-face or partially online. Official registration with EOI gives students the right to attend class and take exams to obtain the corresponding accreditation certificates. These certificate exams can also be taken without attending class. Plus, the Official Languages Schools offer monographic courses in language and culture as well as preparation courses for official certificates or specific skills, among other options.

**web** [www.edubcn.cat](http://www.edubcn.cat)

### Expat.com



Expat.com, the expatriate social network, is the leading multilingual platform dedicated to life abroad. They provide with content of interest, networks, tools and services to help their 2.5 million members to find success in their expatriation experiences in Barcelona or anywhere else in the world. Join Expat.com for a successful expatriate experience in Barcelona!

**web** [www.expat.com](http://www.expat.com)  
**email** [julien@expat.com](mailto:julien@expat.com)

### Expatica



Expatica is a leading digital platform for the creation and dissemination of news and information exclusively dedicated to the international and expatriate community within Europe. Through its eleven web pages, Expatica reaches more than 4 million expatriates and international citizens throughout the world.

**web** [www.expatica.com](http://www.expatica.com)  
**email** [expaticaservices@expatica.com](mailto:expaticaservices@expatica.com)

### Fortefis / Ergo Office



Multilingual private physical therapy and rehabilitation services (German, English, Spanish, Catalan and French). It offers: individual 60-minute sessions, an extensive network of international contacts, ergonomics consulting, occupational health promotion, stress management, the sale or ergonomic office furniture and physical therapists trained in Germany. Its services are individualized and are based on professionalism, experience, dedication and comprehensive treatment.

**web** [fortefis.com](http://fortefis.com), [ergooffice.es](http://ergooffice.es)  
**email** [info@fortefis.com](mailto:info@fortefis.com), [info@ergooffice.es](mailto:info@ergooffice.es)

### Getaround



Getaround is the leading carsharing app worldwide when it comes to booking cars for a few hours or a few days.

**web** [www.getaround.com](http://www.getaround.com)  
**email** [contacto@getaround.com](mailto:contacto@getaround.com)

### Harbour.Space University



Harbour.Space offers university degree programmes in English in fields such as technology, design and entrepreneurship taught by global industry leaders. Its education model seeks to close the gap between students and industry, developing a new generation of talent which understands how industry works and how to work in it.

**web** [harbour.space](http://harbour.space)  
**email** [hello@harbour.space](mailto:hello@harbour.space)

### Healthcare Barcelona



Healthcare Barcelona offers general medicine, physical therapy, coaching, rehabilitation, personal training and nutrition. Its international specialists work as a team to provide the best healthcare and wellness services with personalised attention, dedicating the time necessary to understand your problems in English or in your own language with a holistic and multidisciplinary focus.

**web** [www.healthcarebarcelona.com](http://www.healthcarebarcelona.com)  
**email** [info@healthcarebarcelona.com](mailto:info@healthcarebarcelona.com)

### Inèdit Barcelona



Inèdit Barcelona offers co-living accommodation for international students and young professionals. They have got completely equipped homes in the centre of Barcelona. Their all-inclusive service further includes the benefit of being a part of one of the largest co-living communities in Barcelona through which you can meet new friends in the city, enjoy community activities and have an incredible living experience.

**web** [www.ineditbarcelona.com](http://www.ineditbarcelona.com)  
**email** [info@ineditbarcelona.com](mailto:info@ineditbarcelona.com)

### Inspire Boutique Apartments



Find your ideal home with Inspire Boutique. Buying a house or a flat in Spain is a very important decision; perhaps the most important in your life financially speaking. Yet, how do you know the home you've seen is the best the market has to offer? Are you buying at the best price? Will there be any problems that won't let you sleep at night? Looking, negotiating and buying is a complicated process and seems more like a jungle expedition than a bed of roses. With Inspire Boutique Apartments, you'll get assistance throughout this process as a buyer. You'll save time, money and worries. They'll find you the best home and give you all sorts of guarantees before buying.

**web** [www.inspireapartments.com](http://www.inspireapartments.com)  
**email** [info@inspireapartments.com](mailto:info@inspireapartments.com)

### Institut Barcelona Esports



Institut Barcelona Esports, a City Council of Barcelona agency, manages sports facilities and equipment and organises and supports sport events in Barcelona. This work is done considering the city's development and projection as well as social cohesion in the various neighbourhoods.

**web** [www.barcelona.cat/esports](http://www.barcelona.cat/esports)  
**email** [eollo@bcn.cat](mailto:eollo@bcn.cat)

### Integra Advisers



Integra Advisers is a business consulting firm that promotes entrepreneurial activities, specializing in designing legal, fiscal and accounting strategies for companies and private individuals who wish to set up business in Spain. Its service portfolio adapts to each client's particular needs in the various project phases: before beginning, during set-up, in routine day-to-day business and future investments.

**web** [www.integra-advisers.com](http://www.integra-advisers.com)  
**email** [luz@integra-advisers.com](mailto:luz@integra-advisers.com)

### Kingsbrook Idiomas



Kingsbrook is a language school with more than 15 years of experience located in Eixample, which also offers Spanish for foreigners. With qualified teachers, a dynamic method and an international and multicultural atmosphere, its courses can be done in groups, individually or in-company depending on your needs.

**web** [www.kingsbrookbcn.com](http://www.kingsbrookbcn.com)  
**email** [info@kingsbrookbcn.com](mailto:info@kingsbrookbcn.com)

### La Salle - Ramon Llull University



The La Salle Campus Barcelona is a university centre with more than 110 years of history and an innovative, enterprising and international vocation. It is a founding member of Ramon Llull University and provides education in fields such as Digital Art, Architecture and Building, ICT Engineering and Business Management.

**web** [www.salleurl.edu](http://www.salleurl.edu)  
**email** [sia@salleurl.edu](mailto:sia@salleurl.edu), [admissions@salleurl.edu](mailto:admissions@salleurl.edu)

### Language Surfing



Language Surfing offers a new way to learn languages: learn Spanish or English with 1 or 2 hours in the classroom and 1 or 2 hours exploring the most authentic Barcelona. Classes may be held in parks, museums, cafés, shops, etc. Learn in real situations and put what you learn in class into practice. Barcelona is your classroom and its streets are your books.

**web** [www.language-surfing.com](http://www.language-surfing.com)  
**email** [info@language-surfing.com](mailto:info@language-surfing.com)

### Languages4Life



Learn English and Spanish at Languages4Life! The school is in the elegant Eixample district and equipped with the latest technology. The qualified and experienced teachers will help you express yourself better in English or Spanish in small groups and in an engaging classroom environment.

**web** [www.languages4life.com](http://www.languages4life.com)  
**email** [john.macpeek@languages4life.com](mailto:john.macpeek@languages4life.com)

### L'IDEM Creative Arts School



L'Idem Barcelona belongs to L'Idem France school which was founded in 1997. It offers double French and European degrees so students can obtain an international higher degree in Digital Designer (in English), 2D/3D Animation and Videogames.

**web** [www.lidembarcelona.com](http://www.lidembarcelona.com)  
**email** [info@lidembarcelona.com](mailto:info@lidembarcelona.com)

### LUCAS FOX International Properties



Founded in Barcelona in 2005, Lucas Fox is the real estate agency in international client advising. Its success is based on its great team of multilingual professionals, excellent service and an exceptional portfolio of carefully selected properties located in the best areas of Barcelona.

**web** [www.lucasfox.com](http://www.lucasfox.com)  
**email** [info@lucasfox.com](mailto:info@lucasfox.com)

### Mercats de Barcelona



Barcelona has got a network of 42 municipal markets where you can buy fresh, local, healthy and quality products. You'll find 2200 retailers: from traditional family shops to modern businesses managed by new entrepreneurs. Let the 7500 professionals at your service advise you. While you buy, you can enjoy the architectural beauty and renovated facilities, learn in the gastronomy classrooms or have fun with all the family and cultural activities. Look after yourself, socialize and integrate in your neighbourhood through the local market.

**web** [barcelona.cat/mercats](http://barcelona.cat/mercats)  
**email** [mercatsbcn@bcn.cat](mailto:mercatsbcn@bcn.cat)

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At Obbio, they help you eat better and properly. That's why they've created a place where you can find natural, fresh and seasonal products. It's a supermarket with thousands of organic references. It's a shop with tasty and healthy food. And it's a place where you can learn to lead a healthier lifestyle through a proper diet with the help of the advisors and nutritionists on hand at the supermarket.

**web** [www.obbio.es](http://www.obbio.es)

**email** [elenasandoval@obbiofood.com](mailto:elenasandoval@obbiofood.com)

**Radix**

Are you looking to buy a home in Barcelona? Radix offers a real estate Personal Shopper service that will save you time and give you confidence with one of the most important purchases of your life. Radix accompanies you from the beginning of the search to the key handover (and beyond) for your new home.

**web** [www.radixbcn.com](http://www.radixbcn.com)

**email** [info@radixbcn.com](mailto:info@radixbcn.com)

**Sanitas Poblenu**

Sanitas Poblenu has worked to specialise in offering the most exclusive and custom-designed private health insurance plans for foreigners residing in Spain. They offer personalised assistance for clients and their attorneys, helping them contract the necessary health insurance to get Spanish residency.

**web** [oficina-poblenu.sanitas.es](http://oficina-poblenu.sanitas.es)

**email** [nroiget.pex@sanitas.es](mailto:nroiget.pex@sanitas.es)

**Smmart Services**

Smmart Services is a professional firm in the centre of Barcelona which offers comprehensive services relating to official administrative procedures for members of the international community. It specialises in ICT companies, start-ups and freelancers in addition to working with researchers, students and Sephardic citizenships.

**web** [www.smmartservices.com](http://www.smmartservices.com)

**email** [hello@martinmarino.com](mailto:hello@martinmarino.com)

**Studentfy**

Studentfy is the largest-growing platform for international and expatriate students in Barcelona. They offer free services (accommodation search, medical insurance assistance, legal aid and an orientation to Barcelona), the best discount card (museums, gyms, restaurants, bars, etc.) and a large number of sports, professional, cultural and leisure activities.

**web** [www.studentfy.com](http://www.studentfy.com)

**email** [hola@studentfy.com](mailto:hola@studentfy.com)

**Talent Search People**

Talent Search People is a human resources recruitment consulting firm which promotes talent with all types of backgrounds in different professional sectors and helps those who need recruiting companies with the creation of customised personnel selection processes.

**web** [www.talentsearchpeople.com](http://www.talentsearchpeople.com)

**email** [info@talentsearchpeople.com](mailto:info@talentsearchpeople.com)

**Therapy in Barcelona**

Therapy in Barcelona is a team of international and multilingual professionals who support adults, children, couples, families, adolescents and companies in Barcelona. They offer evidence-based therapy, counselling and coaching services in 9 languages to help you manage challenges, create change and thrive.

**web** [www.therapyinbarcelona.com](http://www.therapyinbarcelona.com)

**email** [info@therapyinbarcelona.com](mailto:info@therapyinbarcelona.com)

**Turisme de Barcelona**

Barcelona combines the attraction of its culture and architecture with the vitality of a dynamic and sustainable city as expressed in its commercial, gastronomy, sports and cultural offering as well as in its special kind of lifestyle. Marked by its special kind of lifestyle, you'll have all sorts of unforgettable experiences. There are a number of things that will surprise anyone. Destination Barcelona open to the world.

**web** [www.visitbarcelona.com](http://www.visitbarcelona.com)

**email** [promocio@barcelonaturisme.com](mailto:promocio@barcelonaturisme.com)

### Turó Park Dental & Medical Center



Turó Park Dental & Medical Center offers an international team of medical specialists and dentists who can speak several languages such as English, French, Spanish, Catalan or Dutch. Their medical specialties include general medicine, paediatrics, orthodontics, infectious diseases and traveller medicine, dentistry, dermatology, aesthetic medicine and surgery, otorhinolaryngology, cardiology, gynaecology, sports medicine and clinical analyses. They have a simple web-based appointment scheduling system which guarantees a visit to the specialist you need as quickly as possible. Plus, they have extended hours as they open on Saturdays and holidays.

**web** [www.tuoparkmedical.com](http://www.tuoparkmedical.com)

**email** [contact@tuoparkmedical.com](mailto:contact@tuoparkmedical.com)

### UHY Fay & Co



At UHY Fay & Co, they advise companies and employees on their rights and obligations with regard to the process of travel to other countries to provide services: employee international mobility policy design, travel agreement preparation, tax, labour and social security issues and the fulfilment of formal obligations: tax and social security notifications.

**web** [www.uhy-fay.com](http://www.uhy-fay.com)

**email** [barcelona@uhy-fay.com](mailto:barcelona@uhy-fay.com)

### World Class Barcelona Language School



World Class Bcn is a small and cosy Spanish academy where professionalism goes hand-in-hand with their friendliness with the students. The main goal is for students to feel at home and become a part of a community while learning the language and culture.

**web** [www.worldclassbcn.com](http://www.worldclassbcn.com)

**email** [info@worldclassbcn.com](mailto:info@worldclassbcn.com)

## Education showroom: international schools

### Akua School



A trilingual officially approved school offering a personalized education known as “talent pedagogy” which includes the official Montessori, Reggio Emilia, Pestalozzi and trade and professions cross-curriculum in addition to emotional guidance and multiple intelligence work. The student/teacher ratio is 10 to 1. The school offers early childhood and primary education with secondary education classes starting in 2020, and Bachillerato (Upper Secondary) soon after that.

**web** [www.akuaschool.com](http://www.akuaschool.com)

**email** [coordinacion@fundacionakua.org](mailto:coordinacion@fundacionakua.org)

### American School of Barcelona



American School of Barcelona is a private international mixed, non-profit school. It was founded in 1962 in metropolitan Barcelona and is aimed at students aged 3-18. ASB offers a university prep curriculum which gives its graduates access to US, Spanish and international universities.

**web** [www.asbarcelona.com](http://www.asbarcelona.com)

**email** [info@asbarcelona.com](mailto:info@asbarcelona.com)

### Benjamin Franklin International School



Benjamin Franklin International School is an international school in Barcelona offering a US and international curriculum for students aged 3 to 18. The vehicular language is English and the school offers the International Baccalaureate Diploma Programme (IBDP), the US high school diploma and the Spanish bachillerato diploma. A unique teaching method is used in small-sized classes. BFIS students receive admissions offers from some of the best universities in the world. There is close collaboration between families and the school thanks to a very involved international community representing more than 50 different nationalities.

**web** [www.bfischool.org](http://www.bfischool.org)

**email** [info@bfischool.org](mailto:info@bfischool.org)

### Deutsche Schule Barcelona



The German School of Barcelona, founded in 1894 by the German Evangelical Church, has become one of the largest German schools abroad and a prestigious and renowned multicultural school over its 125 years of history. It has gone through many seasons of various challenges to become what it is today: an excellent German school abroad, both traditional and modern at the same time, as well as an important place for Hispanic-German encounters in a Spanish, Catalan and European setting.

**web** [www.dsbarcelona.com](http://www.dsbarcelona.com)  
**email** [brendemuehl@dsbarcelona.com](mailto:brendemuehl@dsbarcelona.com)

### ES International School



ES International School offers a personalized program in English through the American system of education. Located within the facilities of the Academia Sánchez-Casal, emphasis is given to tennis training since sports are an essential part of the program. The curriculum includes a solid academic foundation that encourages active participation and a healthy lifestyle.

**web** [www.es-school.com](http://www.es-school.com)  
**email** [info@es-school.com](mailto:info@es-school.com)

### European International School of Barcelona



With an international, global and practical spirit, the European International School of Barcelona aims to meet today's and tomorrow's needs. It encourages learning by helping its students develop all their potential, abilities and natural talents. From 0 to 18 years of age, its project begins in Early Childhood Education and culminates in Bachillerato (Upper Secondary) with an extensive academic offering that includes Spanish, US and British curricula.

**web** [www.eisbarcelona.com](http://www.eisbarcelona.com)  
**email** [admissions@eisbarcelona.com](mailto:admissions@eisbarcelona.com)

### Hamelin - Laie International School



Hamelin-Laie International School is a private institution that has been dedicated since 1988 to early childhood education (0 to 5 years), primary education (6 to 12 years), secondary education (12 to 16 years), and the Spanish and international baccalaureate programmes (16 and 17 years). Each student's own potential is at the basis of its teaching method. Their curiosity for the

world is encouraged and tools are provided so they can develop their own work methods all while guiding them to maintain academic rigour. Thus, its students gain an understanding for the school curriculum content in a motivating way. Moreover, the schools works so its students have open and tolerant minds and solid values based on intercultural respect and solidarity all while promoting individual talent and skills so they may develop their own criteria of thought.

**web** [www.hamelinlaie.com](http://www.hamelinlaie.com)  
**email** [laie@escolessas.com](mailto:laie@escolessas.com)

### Lycée Français de Barcelone



The French School of Barcelona (LFB) was founded in the city in 1924. The curricula taught are officially approved by the French National Ministry of Education beginning with early childhood education (nursery school) all the way to the *baccalauréat* (university entrance exam) pursuant to the French education system. LFB is recognised and authorised by the Spanish government and includes the programmes established by Franco-Spanish cultural agreements. The school's philosophy is based on the shared values of any democratic society: respect for others, autonomy, responsibility, trust, integrating differences, secularism, solidarity, equity and tolerance.

**web** [www.lfb.es](http://www.lfb.es)  
**email** [lfb@lfb.es](mailto:lfb@lfb.es)

### Lycée Français de Gavà Bon Soleil



The Lycée Français Gavà Bon Soleil French school welcomes 1,380 pupils from P3 to 2nd Bachillerato (Upper Secondary). Founded in 1969, LFG follows the French academic system as approved by the French National Ministry of Education until 4th of ESO (Lower Secondary). The 1st and 2nd "Bachibac" upper secondary courses allow pupils to obtain either the Bachibac, a double Spanish Bachillerato and French Baccalauréat diploma or the International Baccalaureate Diploma. LFG offers an integrated education based on humanist and secular values in addition to fostering cultural awareness through plurilingualism.

**web** [www.bonsoleil.es](http://www.bonsoleil.es)  
**email** [courrier@bonsoleil.es](mailto:courrier@bonsoleil.es)

### NACE Schools



NACE Schools, a private education group with 38 schools in 9 countries, offers its students an international education of excellence that opens the doors to the best universities in the world and prepares them to successfully live in a border-free future feeling right at home abroad.

**web** [www.naceschools.com](http://www.naceschools.com), [www.colegioagorasantcugat.es](http://www.colegioagorasantcugat.es), [www.colegioagorabarcelona.es](http://www.colegioagorabarcelona.es), [www.agorainternationalandorra.es](http://www.agorainternationalandorra.es)  
**email** [info@naceschools.com](mailto:info@naceschools.com), [info@agorasantcugat.edu.es](mailto:info@agorasantcugat.edu.es), [info@agoraisbarcelona.edu.es](mailto:info@agoraisbarcelona.edu.es), [info@agorainternationalandorra.com](mailto:info@agorainternationalandorra.com)

### Oak House School



Oak House School is a private school in Barcelona. In Early Years and Primary, Oak House is a British school following the English National curriculum. In Secondary, we become a trilingual school and during the last two school years we offer the Spanish and the International Baccalaureate programmes.

**web** [www.oakhouseschool.com](http://www.oakhouseschool.com)  
**email** [admissions@oakhouseschool.com](mailto:admissions@oakhouseschool.com)

### Scuola Italiana di Barcellona



The Italian public school of Barcelona includes the “Scuola dell’infanzia paritaria” (boys and girls aged 3 to 5, 6 classes, nearly 130 pupils), the “Scuola primaria” (children aged 6 to 10, 10 classes, nearly 260 pupils), a “Scuola secondaria di 1° grado” also known as “Scuola media” (children aged 11 to 13, 6 classes with 130 pupils), and a “Liceo Scientifico” (children aged 14 to 18, 6 classes with 150 pupils). The vehicular language is Italian although English, Spanish and Catalan are also studied. The Spanish education system officially recognises the Scuola Italiana and allows pupils access to local universities, for example.

**web** [www.scuolaitalianabarcellona.com](http://www.scuolaitalianabarcellona.com)  
**email** [preside@liceoamaldi.com](mailto:preside@liceoamaldi.com)

### SEK Catalunya International School



Just 35 minutes from Barcelona is the SEK Catalunya International School, the only school in Catalonia that offers the three International Baccalaureate programmes. This trilingual school in English, Spanish and Catalan offers its students unbeatable facilities to develop all areas of the curriculum from 4

months to 18 years of age. SEK-Catalunya also offers its International Boarding House to accommodate students from all over the world.

**web** [www.sekcatalunya.es](http://www.sekcatalunya.es)  
**email** [admissions-catalunya@sek.es](mailto:admissions-catalunya@sek.es)

### St. Patrick's International School



St. Patrick's International School is a new international school in Barcelona recognised as a British School. It enrolls pupils in early childhood education and primary school with total immersion in English and early stimulation. They have selected the best international learning programmes in order to optimise each pupil's own individual potential.

**web** [www.stpatrickinternationalschool.com](http://www.stpatrickinternationalschool.com)  
**email** [secretary@stpatrickinternationalschool.com](mailto:secretary@stpatrickinternationalschool.com)

### St. Peter's School Barcelona



St. Peter's School Barcelona offers an international and independent education. Using its own curriculum, its students (from 12 months to 18 years of age) prepare to face life's challenges. The programme ends with students receiving the International Baccalaureate Diploma (IBDP), which guarantees access to national and international universities. Its linguistics programme offers English as the vehicular language, Spanish as the second language (in which all students become completely fluent) and another three languages which are gradually introduced throughout primary and secondary school (French, German, Catalan). The student-centred curriculum fosters the development of scientific, technological, humanistic and communication skills and knowledge. Finally, it offers a personal development programme aimed at students becoming critical citizens with open minds ready to live, study and work wherever they'd like.

**web** [www.stpeters.es](http://www.stpeters.es)  
**email** [cescorcia@stpeters.es](mailto:cescorcia@stpeters.es)



# BISA SCHOOLS

## HIGH QUALITY INTERNATIONAL SCHOOLS



american  
school  
OF BARCELONA

**BSB** | The British School  
of Barcelona

**BF IS** BENJAMIN FRANKLIN  
INTERNATIONAL SCHOOL

125 JAHRE  
DEUTSCHE SCHULE  
BARCELONA  
COLEGIO ALEMÁN



**LFB**  
Lycée français  
de Barcelone



Lycée Français de Gavà  
**Bon Soleil**



*ESchool  
International*

ES International School



**OAK  
HOUSE  
SCHOOL**  
Building futures

 **SCHWEIZERSCHULE BARCELONA**  
ESCUELA SUIZA DE BARCELONA

*Scuola Italiana di Barcellona*



*Ministero degli Affari Esteri  
e della Cooperazione Internazionale*

**SEK**  
International  
School  
Catalunya

[www.bisa.info](http://www.bisa.info) - [info@bisa.info](mailto:info@bisa.info)

## Information desks: associations and social clubs

### Asociación Armenia de Catalunya Ararat



The Catalan Ararat Armenian Association is a non-profit association dedicated to the integration of Armenians in Catalonia and the protection of Armenians' identity in Spain.

**email** [emmaha@icab.cat](mailto:emmaha@icab.cat)

### Asociación Cultural Casa Rusa en Cataluña



Since 2010, the main objective of Asociación Casa Rusa en Cataluña has been to expand and reinforce cultural ties between Spain, Catalonia, Russia and the rest of the world. It promotes joint projects with organisations within the Russian community throughout Spain and regularly organises international gatherings, competitions, music and dance festivals and expositions with the participation of many artists from all over the world. A significant portion of the association's work involves disseminating and exchanging information on Russian culture and traditions.

**web** [www.casarusu.cat](http://www.casarusu.cat)

**email** [info@casarusu.cat](mailto:info@casarusu.cat), [artfestival@casarusu.cat](mailto:artfestival@casarusu.cat)

### Asociación de Organizadores Profesionales de España - AOPE



The AOPE (Spanish Association of Professional Organisers) handles all sorts of household-related issues from home move support and coordination to spatial organisation and optimisation (storage rooms, dressing rooms, complete homes...). They make sure moving home is no problem for expatriates.

**web** [www.organizadoresprofesionales.com](http://www.organizadoresprofesionales.com)

**email** [hola@organizadoresprofesionales.com](mailto:hola@organizadoresprofesionales.com)

### ASODAME - Club BPW - BCN (Business Professional Women)



ASODAME is a group of businesswomen (self-employed, business owners and executives) with products and services from all sectors interested in including women from other countries and exchanging experiences and business with an opportunity for growth and expansion. They contribute excellent perspectives

on improvement and creativity for companies and female entrepreneurs. Open for registration for the exchange of knowledge and experience as well as networking.

**web** [www.asodame.com](http://www.asodame.com)  
**email** [social@asodame.com](mailto:social@asodame.com)

### Associació Celiacs de Catalunya



At Associació Celiacs de Catalunya (Catalan Celiac Association), they advise people with coeliac disease or those who are gluten intolerant so they may follow a proper gluten-free diet in their new city, facilitating their integration and resolving their questions on how to handle the disease and treat it as well as practical aspects: restaurants with services for the gluten intolerant, gluten-free products, labelling and laws, coeliac disease and children, social assistance, etc.

**web** [www.celiacscatalunya.org](http://www.celiacscatalunya.org)  
**email** [rosa@celiacscatalunya.org](mailto:rosa@celiacscatalunya.org)

### Ateneu Barcelonès



Ateneu Barcelonès is an association with more than 150 years of history. It holds a modernist library with 250,000 books and international press exclusively for the use of its members. It has got a private garden right in the centre of Barcelona with Wi-Fi service. The building also offers study and meeting rooms. And they organise more than 400 cultural activities per year.

**web** [www.ateneubcn.cat](http://www.ateneubcn.cat)  
**email** [info@ateneubcn.cat](mailto:info@ateneubcn.cat)

### Barcelona Universitari Club - BUC



BUC is a Rugby Club located on Montjuïc in Barcelona. It has more than 90 years of history behind it. The club has got various sections from the Rugby School for boys and girls aged 3 to 12, training teams for boys and girls aged 12 to 18 and men's and women's senior teams to the Touch Rugby section, which is more social, mixed and open to all ages as well as Wheelchair rugby for disabled players and Inclusive Rugby for players with diverse abilities.

**web** [www.buc.cat](http://www.buc.cat)  
**email** [club@buc.cat](mailto:club@buc.cat)

### Barcelona Women's Network (BWN)



Barcelona Women's Network is a social group made up of international women. The group's aim is to encourage friendship and a greater cultural understanding of Barcelona and Catalonia as well as to give something back to the community through donation raising events and monthly activities.

**web** [www.bcnwomensnetwork.com](http://www.bcnwomensnetwork.com)  
**email** [bwntreasurer@gmail.com](mailto:bwntreasurer@gmail.com)

### Barcelone Accueil - Cercle des Français



Barcelone Accueil is an association of French people and Francophiles who gather to do activities relating to French and Spanish culture. They also help recent arrivals settle down.

**web** [www.barcelone-accueil.com](http://www.barcelone-accueil.com)  
**email** [karimjoutet@yahoo.fr](mailto:karimjoutet@yahoo.fr)

### Club Natació Barcelona



Club Natació Barcelona is a sports and social club with more than 100 years of history in the city of Barcelona and a privileged location right on the sea and beach. With 24,000 m<sup>2</sup> in facilities, it offers a large variety of sports activities indoors and outdoors for the whole family.

**web** [www.cnb.cat](http://www.cnb.cat)  
**email** [cnb@cnb.cat](mailto:cnb@cnb.cat)

### De Kring, Nederlandse Business Club



The Dutch Business Club has been a meeting place for Dutch business owners, professionals, managers, chairs and directors living in Barcelona and the surrounding area for more than 45 years. The Dutch Business Club brings together Dutch people looking for new contacts who wish to keep up-to-date on everything new in the world of local and international business and those who wish to exchange experiences once in a while with other Dutch people living and working here.

**web** [www.dekring.org](http://www.dekring.org)  
**email** [sekretariaat@dekring.org](mailto:sekretariaat@dekring.org)

### Europeans in Catalonia



Europeans in Catalonia is a pro-European association created to disseminate the values of the European Union and the benefits of being a part of it as well as to promote cohesion among all citizens from a diversity perspective.

**web** [www.europeansincatalonia.org](http://www.europeansincatalonia.org)

**email** [info@europeansincatalonia.org](mailto:info@europeansincatalonia.org)

### Fundació Institut Confuci de Barcelona



Fundació Institut Confuci de Barcelona, constituted by Casa Asia, UB, UAB and the Peking University of Foreign Studies, is a non-profit institution created to promote the development of Chinese culture and language in Catalonia and Andorra.

**web** [www.confucioibarcelona.es](http://www.confucioibarcelona.es)

**email** [fundacion@confucioibarcelona.es](mailto:fundacion@confucioibarcelona.es)

### InterNations



InterNations is the first social network designed by and for people who live and/or work outside their cities of origin. Meet people who think like you while integrating in your new environment. With more than three million users and availability in 420 cities around the world. What are you waiting for?

**web** [www.internations.org](http://www.internations.org)

**email** [paulconde@yahoo.com](mailto:paulconde@yahoo.com)

### Professional Women's Network (PWN) Barcelona



PWN Barcelona is the only organisation focused on promoting and accelerating diverse and gender balanced leadership within the Barcelona corporate community. They welcome men and women who share their belief that diversity leads to better decisions, economic sustainability and a happier society.

**web** [www.pwnbarcelona.net](http://www.pwnbarcelona.net)

**email** [community@pwnbarcelona.net](mailto:community@pwnbarcelona.net)

### Red Global MX Barcelona



Red Global MX Barcelona is a non-profit civil association that brings together Mexican professionals, business leaders and students residing in Spain to foster academic, research and business projects among other highly qualified Mexicans living in Spain and Europe with their counterparts in Mexico.

**web** [www.redglobalmxbcn.com](http://www.redglobalmxbcn.com)

**email** [talentia.info@gmail.com](mailto:talentia.info@gmail.com)

### SIETAR Spain (Society for Intercultural Education, Training and Research)



SIETAR Spain (Society for Intercultural Education, Training and Research) is a platform that promotes intercultural education, training and research to facilitate expatriates' and their families' adaptation and integration into different cultures as well as productivity in global work teams.

**web** [www.sietar.es](http://www.sietar.es)

**email** [barcelona@sietar.es](mailto:barcelona@sietar.es)

### Sociedad Suiza de Barcelona



The Barcelona Swiss Society aims to establish a meeting place for mutual assistance between Swiss people and those residing in Barcelona and the surrounding area.

**web** [www.clubsuizobarcelona.com](http://www.clubsuizobarcelona.com)

**email** [info@clubsuizobarcelona.com](mailto:info@clubsuizobarcelona.com)

### Union des Français de l'Étranger



Union des Français de l'Étranger is an association of public utility present in 110 countries through 180 representative offices. It assists the French community with all aspects of living abroad whether concerning practical matters upon arrival or organising social, cultural and sport events throughout the year in addition to job search services.

**web** [www.ufe.org](http://www.ufe.org), [www.emploi-espagne.org](http://www.emploi-espagne.org)

**email** [barcelone@ufe-espagne.com](mailto:barcelone@ufe-espagne.com), [info@emploi-espagne.org](mailto:info@emploi-espagne.org)

# SPECIAL THANKS

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**Host ambassadors:** Anjalina Chugani, Fadima Diawara, Jean-Philippe Charles, Julieta Alberio, Peter Sotirakis.

**Volunteer students** from schools representing the Barcelona International Schools Association (BISA).

All the people who have selflessly participated as **speakers** or **moderators** or **have given testimonials** for the programme of activities.

The **Both. People&Comms** team for their full implication organising this project.



## Welcome to the bank in Spain that understands you best.

That's right, we can offer you what you need, in your own language. Because we put ourselves in your shoes, accompanying you with the care that you deserve, and not just when you arrive here, but also in your day to day activities. We are here to support you with your financial affairs, as well as with matters closer to the heart.

- With a team of specialist international agents, helping customers since 1996.
- Over 200 branches in Spanish territory which speak your language.
- An account which is tailored to your needs, selected based on whether you are a resident or not.
- And all of the financial services that you may need, as well as many more: cards, credit and mortgages, car renting, investment advice...

**Welcome service:** Settling in a new country is not always easy. We want to help you get off to a good start, together with our specialist partners, we can provide you with useful information on some of the most important matters that might arise when you arrive in a new country, such as finding your home, opening a business, investing in Spain...

**How can we help you? For further information visit [www.bancosabadell.com/welcome](http://www.bancosabadell.com/welcome) or call us on +34 935 202 910**

Barcelona International Community Day is an annual meeting point for people from other countries who have chosen to come and live in Barcelona and become its new citizens.

An event with an activities programme on issues of interest to newcomers and veteran residents alike, as well as a companies, organisations and associations fair offering services, products and initiatives for the international community.

**[barcelona.cat/internationalcommunityday](http://barcelona.cat/internationalcommunityday)**

**Promoter:**

Promoció de Ciutat - Ajuntament de Barcelona