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# BARCELONA INTERNATIONAL COMMUNITY DAY

**October 22nd, 2016**

MUSEU MARÍTIM DE BARCELONA

**PROGRAMME OF  
ACTIVITIES AND EXHIBITORS**



**Barcelona  
Activa**

**Ajuntament de  
Barcelona**



# What will the future be like?

Nobody knows. Although there's something we do know, whether in print or pixels, in writing or in sound...we at La Vanguardia will always be there to explain it to you.



LA VANGUARDIA

Heading for the future, with you

# BARCELONA INTERNATIONAL COMMUNITY DAY

**Barcelona International Community Day** is a meeting point for the international community in the Barcelona area, which provides information and resources to help new arrivals settle in and the firmly established connect and further put down roots. The aim is for them to be local Barcelonians.

To encourage this, we offer a varied programme of conferences, workshops, panel discussions, activities and networking sessions. The event also features a fair with companies, international schools, organisations and associations to help make new contacts and discover new products, services and ideas.

This event is an initiative of the Barcelona City Council, through Barcelona Activa, with the collaboration and involvement of numerous organisations and individuals and the supports of our sponsors.

[barcelona.cat/internationalcommunityday](http://barcelona.cat/internationalcommunityday)  
#BarcelonalCD

**Promoter:**

Barcelona Activa - Ayuntamiento de Barcelona  
Carrer Llacuna, 162 - 08018 Barcelona  
[bcn.cat/business](http://bcn.cat/business)



A woman with long dark hair and a young child are looking at something together in a festive setting. The woman is smiling and looking down at the child. The child is also smiling and looking down. They are surrounded by warm, glowing lights and decorations, including what looks like a Christmas tree or a similar festive display. The overall atmosphere is warm and celebratory.

# YOU'RE BARCELONA

Everything you need  
to “*be Barcelona*”

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## 10:00 am DOORS OPEN

**From 10:30 to 11:00 am** en  
 INFORMATIVE SESSION: “WHO’S WHO IN THE BARCELONA ENTREPRENEURIAL ECOSYSTEM”, by Barcelona Activa

**From 11:15 to 11:45 am** en  
 INFORMATIVE SESSION: “BANKING AND FINANCIAL HABITS”, by Banc Sabadell

**From 12:00 to 12:30 pm** en  
 INFORMATIVE SESSION: “UNDERSTANDING HEALTHCARE IN CATALONIA”, by PhysiotherapyBarcelona

**From 12:45 to 1:15 pm** es en  
 INFORMATIVE SESSION: “TIPS FOR LANDING IN BARCELONA”, by BRS Relocation Services

**From 1:30 to 2:30 pm** en  
 PANEL DISCUSSION: “CHOSING SCHOOL FOR INTERCULTURAL CHILDREN”, moderated by John Stone

**From 2:45 to 3:30 pm** en  
 CONFERENCE: “BARCELONA IS CULTURE: FESTIVALS, TRADITIONS AND ART”, by Barcelona Metropolitan

**From 3:45 to 4:30 pm** cat en  
 WORKSHOP: “VOLUNTEERING FOR CATALAN LANGUAGE”, by Consorci per a la Normalització Lingüística

**From 4:45 to 5:15 pm** en  
 INFORMATIVE SESSION: “IMMIGRATION PROCESSES: HOW TO GET PAPERS?”, by Sagardoy Abogados

**From 5:30 to 6:30 pm** en  
 WORKSHOP: “THE ART OF THE ELEVATOR PITCH FOR LANDING A JOB”, by Berman Advantage

**From 10:30 to 11:00 am** en  
 INFORMATIVE SESSION: “BARCELONA ACTIVA HELPS YOU START UP A COMPANY”, by Barcelona Activa

**From 11:15 to 11:45 am** en  
 INFORMATIVE SESSION: “FINDING YOUR NEW HOME: RENTING OR BUYING?”, by Atipika

**From 12:00 to 1:00 pm** en  
 WORKSHOP: “LOOKING FOR A JOB IN THE DIGITAL WORLD”, by Javier Terrisse

**From 1:15 to 1:45 pm** en  
 INFORMATIVE SESSION: “FISCAL EFFICIENCY STRATEGIES”, by Spectrum IFA Group

**From 2:00 to 3:00 pm** es  
 PANEL DISCUSSION: “ANOTHER TYPE OF ECONOMY IN BARCELONA: SOCIAL-BUSINESS EXPERIENCES”, by Barcelona Activa

**From 3:15 to 4:15 pm** en  
 PANEL DISCUSSION: “FAMILY MATTERS: THE ART OF BALANCING EXPAT FAMILIES”, by Barcelona Women’s Network

**From 4:30 to 5:30 pm** es  
 PANEL DISCUSSION: “ASIAN WOMEN IN BARCELONA: ENTREPRENEURSHIP AND SOCIAL TRANSFORMATION”, by Casa Àsia

**From 5:45 to 6:30 pm** es en  
 NETWORKING: “SPORTS AND NATURE LOVERS”

**From 10:30 to 11:15 am** en  
 CONFERENCE: “THE LIFE OF AN ENGLISH AUTHOR IN BARCELONA: 2 LANGUAGES, 12 BOOKS, 31 YEARS”, by Matthew Tree

**From 11:45 am to 12:45 pm** en  
 WORKSHOP “CATALAN TAPAS”, by “El Catering de la Bibi”

**From 1:15 to 2:00 pm** en es  
 NETWORKING: “PASSIONATE ABOUT FOOD”

**From 2:15 to 3:15 pm** en  
 WORKSHOP: “BOOKTASTING ON BARCELONA”, by Book Tasting Barcelona

**From 3:30 to 4:30 pm** en  
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 NETWORKING: “DOING BUSINESS AND STARTING UP COMPANIES IN BARCELONA”

**From 5:45 to 6:30 pm** en  
 WORKSHOP: “INTRODUCTION TO YOGA”, by YogaOne by DIR

## 10:00 am DOORS OPEN

**From 11:00 am to 12:30 pm** es en  
**From 3:30 to 5:00 pm**  
 CHILDREN’S WORKSHOP: “FRAME YOUR PICTURE”, sponsored by BISA

**From 12:45 to 1:00 pm** en  
**From 5:15 to 5:30 pm**

STORYTELLING IN ENGLISH: “THE BOY WHO CRIED WOLF”, sponsored by BISA

**From 1:15 to 1:30 pm** de  
**From 5:45 to 6:00 pm**

STORYTELLING IN GERMAN “THE TOWN MUSICIANS OF BREMEN”, sponsored by BISA

**From 1:45 to 2:00 pm** fr  
**From 6:15 to 6:30 pm**

STORYTELLING IN FRENCH “PUSS IN BOOTS”, sponsored by BISA

**From 2:15 to 3:15 pm** en es  
 CHILDREN’S WORKSHOP: “FACEPAINTING”, sponsored by BISA

**From 11:00 am to 1:00 pm** en es  
 CHILDREN’S WORKSHOP: “UNLIMITED FUN WITH LEGO® BRICKS”, by Bricks 4 Kidz® Barcelona

MUSEUM’S GARDEN

**From 11:30 am to 12:30 pm** cat en

BOOK SIGNING: “SNUG”, by Matthew Tree

STAND LIBRARY COME IN (B33)

**From 12:00 to 12:30 pm**

“HUMAN TOWERS”

MUSEUM’S GARDEN

**From 3:30 to 5pm** es en

“MASTERCLASS: COUNTRY DANCING, CATALAN STYLE”, by Montse Moscardó

MUSEUM’S GARDEN

**From 5:30 to 6:30 pm** en es

SWING MASTERCLASS, by Jon&Cris

MUSEUM’S GARDEN

## 7:00 pm DOORS CLOSE

## 7:00 pm DOORS CLOSE

Personal landing

Working and doing business

Enjoying the city and networking

Leisure activities



**SALA  
LLOBREGAT**

10:30 – 11:00 am

en

**INFORMATIVE SESSION: «WHO'S WHO IN THE BARCELONA ENTREPRENEURIAL ECOSYSTEM», by *Barcelona Activa***

**SPEAKER:** Itziar Blasco, Head of m-startup-barcelona

**DESCRIPTION:** In recent years Barcelona has become a pilgrimage site for entrepreneurs and the city buzzes with a growing number of start-ups. There is also a network of business angels and venture capitalists, business schools, universities and research centers and their spin-offs, and public and private bodies to help create and accelerate new companies. This is in addition to initiatives like hackathons, networking sessions and meetups, competitions and contests, crowdfunding platforms, etc. This session will present the most noteworthy players in this attractive, vibrant entrepreneurial ecosystem.

11:15 – 11:45 am

en

**INFORMATIVE SESSION: «BANKING AND FINANCIAL HABITS», by *Banc Sabadell***

**SPEAKER:** Anna Sebastián Rodríguez, Director of Barcelona Branch, Glòries

**DESCRIPTION:** If you're thinking about coming or have already landed in Barcelona, you'll have to open a bank account to rent an apartment, get Internet, other services, start up a company or do business. Sometimes it can be a bit difficult for a foreigner who doesn't speak the language, unless you visit one of the branches specializing in international clients. This session will teach you what you need to open an account, get a debit card to get money from ATMs and a whole series of practical tips for digital banking to cover your basic needs.

12:00-12:30 pm

en

**INFORMATIVE SESSION: «UNDERSTANDING HEALTHCARE IN CATALONIA», by *Physiotherapy***

**SPEAKER:** Koen Willems, physiotherapist, trainer and coach

**DESCRIPTION:** In Catalonia health is a universal right, so everyone has access to healthcare. To use these services, individuals must have a Healthcare Card, which allows them to use more than 400 Primary Care Centers (CAP) and 68 hospitals. The healthcare system is based on a mixed model, with public,

private and charter centers. Parallel to the public system there is a wide variety of private healthcare options, which many use to supplement their coverage. This presentation will help explain the differences in order to choose the right healthcare options for you.

12:45-1:15 pm

en

**INFORMATIVE SESSION: «TIPS FOR LANDING IN BARCELONA», by *BRS Relocation Services***

**SPEAKER:** Beatriz Carro de Prada, Director

**DESCRIPTION:** Arriving in a new city poses many challenges, questions and expectations. Join us for this session to get the best tips for your arrival in Barcelona. We'll deal with issues like looking for a home, moving, utilities, mobility, administrative procedures, etc. We'll also discuss some special tricks to learn more about Catalan culture and help you feel at home from the very first day.

1:30-2:30 pm

es

en

**PANEL DISCUSSION: «CHOSING SCHOOL FOR A THIRD-CULTURE KID» organised by the English Language Association of Catalonia in association with the Barcelona International Schools Association, BISA**

**MODERATOR:** Dr. John Stone, Universitat de Barcelona

**DESCRIPTION:** Children with family ties abroad and one or more home language are a challenge for parents choosing schools at all levels, from primary to pre-university. Some families value integration into the local community while others stress mobility and, as a result, choose schools that would make it easier to return to a foreign educational system. Some prefer for the child to get their mother tongue at home, teaching basic reading and writing at the weekend, while others want the children to be schooled in their native language. Some feel rooted here and consider a wide range of local post-secondary options, while others feel the need to help their children aspire to a university in their country of origin. What are the options for parents of intercultural children in Barcelona? What is available and what should be taken into account when making these decisions?

**PANELISTS:**

- Mark Pingitore, American School of Barcelona director, and BISA president; father of two
- Michelle Courtright, educational consultant, publisher; mother of two
- Mark Freeman, human rights lawyer; father of two

2:45 – 3:30 pm

en

**CONFERENCE: «BARCELONA IS CULTURE: FESTIVALS, TRADITIONS AND ART», by *Barcelona Metropolitan***

**SPEAKERS:** Esther Jones, founder

**DESCRIPTION:** Barcelona has great cultural and artistic wealth. Throughout the year, you can join in different traditions and festivities. Some of the highlights include Sant Jordi, Sant Joan and the Castanyada. Also, La Mercè, the city's feast day that includes everything from "castellers" and "gegants i capgrossos" to art, leisure and cultural activities. Barcelona is also synonymous with festivals (like Grec, BAM, Sónar, Primavera Sound and so many more), with emblematic facilities to discover the best music, theater, dance and art. Plus, you won't want to miss out on all of the alternative proposals in smaller venues, galleries, creative spaces, etc. The most international culture and leisure magazine will give a rundown of all of this and more. Come and be surprised.

3:45 – 4:30 pm

cat

en

**WORKSHOP: «VOLUNTEERING FOR CATALAN LANGUAGE», by *Consorti per a la Normalització Lingüística***

**WORKSHOP LEADER:** Marcel Pellejà i Adalid and Marta Jarque Martínez, Centre de Normalització Lingüística de Barcelona

**DESCRIPTION:** Do you speak a bit of

Catalan? Want to practice and become more fluent? Do you like the idea of chatting about everyday topics and getting to know people who speak Catalan on a daily basis? Come chat with volunteers participating in this successful programme. Many people have consolidated their control of the language in this fun, easy, casual way.

**INSTRUCTIONS TO PARTICIPATE:** Centre de Normalització Lingüística de Barcelona will meet with all active volunteers to set up conversations (Tastets VxL) with people interested in practising the language.

4:45 – 5:15 pm

en

**INFORMATIVE SESSION: «RESIDENCY AND WORK PERMITS FOR FOREIGNERS: IMMIGRATION PROCEDURES», by *Sagardoy Abogados***

**SPEAKER:** Ana Garicano, lawyer

**DESCRIPTION:** This session will provide a practical overview of immigration policy in Spain, explaining new laws that help make it easier to obtain residency and work permits in some cases. We will cover the specifics for individuals from different countries (European Union, non-EU, Brexit...) and with different situations and needs (employees, assignees, investors, business people...).

5:30 – 6:30 pm

en

**WORKSHOP: «THE ART OF THE ELEVATOR PITCH TO FIND A JOB», by *Berman Advantage***

**SPEAKER:** Mitch Berman, coach

**DESCRIPCIÓN:** In this workshop we will write and practice your elevator

pitch to find a job. This self-marketing tool is essential for clearly, concisely and effectively presenting our skills, achievements and goals in a job interview, networking opportunity or other professional development context.

SALA  
BESÓS

10:30 – 11:00 am

en

**INFORMATIVE SESSION: «BARCELONA ACTIVA HELPS YOU START UP A COMPANY», by *Barcelona Activa***

**SPEAKER:** Martí Foz, business advisor

**DESCRIPTION:** In this session we will present the programs, activities and services Barcelona Activa offers, from a business idea to starting up your own company. We will review all of the key factors to keep in mind when starting up a company.

to move? This session will discuss the normal procedures for renting or purchasing a home in Barcelona, with useful tips to help make it easier. Plus, it will include an overview of different neighbourhoods in the city and their highlights, as well as other towns in the metropolitan area that are popular with the expat community.

11:15-11:45 am

en

**INFORMATIVE SESSION: «SETTING UP YOUR NEW HOME: RENTING OR BUYING?» by *ATIPIKA***

**SPEAKER:** Renzo Riva, manager

**DESCRIPTION:** Are you new to the city and still looking for a home? Want

12:00-1:00 pm

en

**WORKSHOP: «LOOKING FOR A JOB IN THE DIGITAL WORLD AND CV 2.0», by *Javier Terrisse***

**SPEAKER:** Javier Terrisse, coach

**DESCRIPTION:** What are Human Resources recruitment managers looking for today? We'll go over what is truly important on our resumes, analyse how social media can make that visible and select the right platforms to do so.

1:15 – 1:45 pm

en

**INFORMATIVE SESSION: «FISCAL EFFICIENCY STRATEGIES»,** by

**Spectrum IFA Group**

**SPEAKER:** Chris Burke, partner

**DESCRIPTION:** Learn about the main types of taxes in Catalonia and the best way to meet your fiscal obligations taking into account the new financial-information exchange system between banks and countries. Starting in 2017, the Common Reporting Standards, will go into force, established by the OECD to automatically exchange financial accounts information periodically. This way, tax authorities will have information on its residents income and financial assets in other countries.

2:00 - 3:00 pm

es

**PANEL DISCUSSION: «ANOTHER TYPE OF ECONOMY IN BARCELONA: SOCIAL-BUSINESS EXPERIENCES»,** by **Barcelona Activa**

**MODERATOR:** Elisabet Juarez, Other Economies and Proximity Officer

**DESCRIPTION:** Barcelona is a global benchmark in cooperative, social and shared economy. These are diverse, transformative economic models that make it possible to generate a different kind of economic activity with people at the core and applying social and environmental criteria. Come learn about experiences and best practices from projects and companies in Barcelona, which take into account these values and use more democratic, collective management schemes. The people pro-

moting these projects will explain how to innovate socially and the importance of place in generating common good.

**PANELISTS:**

- Beatriz Castillo, communication and CSR manager of CET Apunts
- Guillaume Teyssie, co-founder of Aquapioneers
- Wouter Tebbens, Co-Founder and President of the Free Knowledge Institute

3:15 - 4:15 pm

en

**PANEL DISCUSSION: «FAMILY MATTERS: THE ART OF BALANCING EXPAT FAMILIES»,** by **Barcelona Women's Network**

**MODERATOR:** Cris Kristovits, Community liaison

**DESCRIPTION:** Balancing work and play is especially important for expat families who want their time in Barcelona to be a positive experience. This panel discussion will cover topics key to building family life in Barcelona, beyond just finding schools for the children! Moderator Cris Kristofits is currently the Community Liaison for the Barcelona Women's Network, an expat for almost 13 years and the mother of a nine-year-old daughter. She co-organises three events about raising multilingual children in Catalonia.

**PANELISTS:**

- Dr. Jill Ann Jenkins, Private Practice
- Dr. John Stone, Universidad de Barcelona
- Carrie Fraiss, MumAbroad and FiG

4:30-5:30 pm

es

**PANEL DISCUSSION: «ASIAN WOMEN IN BARCELONA: ENTREPRENEURSHIP AND SOCIAL TRANSFORMATION»,** by **Casa Asia**

**MODERATOR:** Gaëlle Patin Laloy, head of the Diversity and Multiculturalism program at Casa Asia

**DESCRIPTION:** We will hear from four women originally from Asia about their personal experience, leadership and entrepreneurial projects, which are having a transformative impact on our society. They stand out for their entrepreneurship, fighting spirit as women and professionals and multicultural careers.

**PANELISTS:**

- Lilin Yang (RP China), Director and Co-Founder of MiiN Korean Cosmetic
- Kav Ly (Cambodia), President and Head of R&D at Ta-Tung
- Sonia Nar (born in India), nurse and promoter of the Social Theatre pro-

ject with the group “Ekta chHimmat”

- Kangyun Xiao (Born in PR China), Founding and Managing Partner at Granvia Iuris & Consulting SLP
- Harjit Kaur (India), member of the group “Ekta chHimmat”

5:45 - 6:30 pm

es en

**NETWORKING: «SPORTS AND NATURE LOVERS»**

**ANIMATOR:** Meritxell Jordana, *aPortada comunicació*

**DESCRIPTION:** Sports in nature are some of the hobbies that bring people together most. When you arrived in Barcelona, did you head straight for a gym or sports club? Have you scoured all the forums you can find for special spots to go hiking, diving or climbing? Do you know all the parks and natural settings you can visit from Barcelona? Join this networking activity to meet and chat with people who, like you, love sports and nature.

**SALA COLLSEROLA**

10:30 -11:15 am

en

**CONFERENCE: «THE LIFE OF AN ENGLISH AUTHOR IN BARCELONA: 2 LANGUAGES, 12 BOOKS, 31 YEARS»,** by **Matthew Tree**

**SPEAKER:** Matthew Tree

**DESCRIPTION:** Matthew Tree is a well-known English writer who came to Catalonia 31 years ago. In this session

he will explain his personal history, his relationship with Catalan culture and why he decided to write not only in English, but in Catalan too. He has published 12 books in 2 languages, including novels and essays, as well as collaborating with several magazines, newspapers, radio and television programs.

11:45 - 12.45 am

en

**WORKSHOP : «CATALAN TAPAS», by “El Catering de la Bibi”**

**WORKSHOP LEADER:** Aurora Aguilà, culinary expert

**DESCRIPTION:** Tapas are all the rage and can now be found in almost any bar or restaurant in Barcelona, making them a true hallmark of our identity. Tapas are small dishes or snacks that are normally served with a glass of wine, vermouth or beer. There are traditional and popular recipes, but haute cuisine has also now brought in more sophisticated dishes. In this workshop you will learn how to make some of the most traditional tapas served in Barcelona's bars.

1:15 - 2:00 pm

es en

**NETWORKING: «PASSIONATE ABOUT FOOD»**

**ANIMATOR:** Meritxell Jordana, *aPortada Comunicació*

**DESCRIPTION:** Do you love recipes and making the most delicious dishes? Do you love Thai, Mexican or French food? Do you love going to the market to search for the best ingredients to cook with? Do you have a group of people you meet with regularly for dinner or lunch? Join this networking activity to meet and chat with people who, like you, love food.

2:15 – 3:15 pm

en

**WORKSHOP: «BOOKTASTING ON BARCELONA», by Book Tasting Barcelona**

**WORKSHOP LEADERS:** Eitan Felner and Gabriela Larenas

**DESCRIPTION:** Do you like to read and want to discover Barcelona in a whole new way? Then don't miss out on this book tasting, a unique, fun new way to share the joy of reading. But what is book tasting? It is discovering new things to read from others: a meeting in which each participant reads out loud a short story, poem, paragraph from a book or literary text that is funny, suggestive or curious about a topic chosen beforehand. So this time, of course, the theme of this tasting will be Barcelona!

**INSTRUCTIONS TO PARTICIPATE:** People participating in a tasting can bring their own books or texts, or choose one of the ones provided in the basket of surprise texts. Participants will enjoy the perfect pairing, good company and delicious words. Each text must be short, no more than 2 pages of a book or one printed page.

3:30 – 4:30 pm

en

**PANEL DISCUSSION: “SUCCESSFUL EXPAT BUSINESS PROJECTS IN BARCELONA”, by Barcelona Activa**

**MODERATOR:** Martí Foz, business adviser

**DESCRIPTION:** Barcelona is home to a significant international community and a large part of those individuals are highly entrepreneurial, having created successful companies. This session will present some of the projects that have received support from Barcelona Activa, sharing their experiences and challenges.

**PANELISTS:**

- Silvia Raga, founder of Dycare (Italy)
- Gustavo Franco, director and founder of BCNewt, Cowocat (Spain, Colombia)
- Valentini Konstantinidou, CEO at DNANUTRICOACH

4:45 – 5:30 pm

es en

**NETWORKING: «DOING BUSINESS AND STARTING UP COMPANIES IN BARCELONA»**

**ANIMATOR:** Meritxell Jordana, *aPortada Comunicació*

Are you a born or de facto entrepreneur? Do you have a company, want to finance a start-up, need a partner, looking for business or investment opportunities? If you are a “business friendly” person, you won't want to miss out on this opportunity

**LUDOTECA**

11:00 am -12:30 pm

es en

**CHILDREN'S WORKSHOP: “FRAME YOUR PICTURE”, sponsored by Barcelona International School Association (BISA)**

**DESCRIPTION:** Take a picture, print it out and then design and create a unique, personalized frame to take home as a souvenir.

to contact with others who share your drive and dreams. Join this networking session and you will surely find new ideas, tips, projects, points of view and personal visibility... and with a bit of luck, the beginning of a new collaboration or friendship.

5:45 – 6:30 pm

en

**WORKSHOP: «INTRODUCTION TO YOGA», by YogaOne by DIR**

**SPEAKER:** Jordi Canela

**DESCRIPTION:** Are you stressed, does your back hurt or are you simply interested in yoga? This introductory session will show how to make yoga part of our lives, looking at its physical, mental and spiritual benefits, and learning how to adapt yoga to the workplace and our eating habits. Plus, we will practice breathing and meditation.

12:45 – 1:00 pm

en

**STORYTELLING IN ENGLISH: «THE BOY WHO CRIED WOLF», sponsored by Barcelona International Schools Association (BISA)**

**DESCRIPTION:** Animated telling of the story “The boy who cried Wolf”, one of Aesop's tales adapted by several different writers, including American author Louis Untermeyer, warning of the consequences of telling lies.

**ANIMATOR:** Carla Mor, children's storyteller



1:15 – 1:30 pm

de

**STORYTELLING IN GERMAN: «DIE BREMER STADTMUSIKANTEN»**, sponsored by *Barcelona International Schools Association (BISA)*

**DESCRIPTION:** Animated telling of the story “The town musicians of Bremen” (Die Bremer Stadtmusikanten), adapted from popular tales by the Brothers Grimm, showing that it’s always possible to find new paths.

**ANIMATOR:** Carla Mor, children’s storyteller

1:45 – 2:00 pm

fr

**STORYTELLING IN FRENCH: «LE CHAT BOTTÉ»**, sponsored by *Barcelona International Schools Association (BISA)*

**DESCRIPTION:** Animated telling of the story “Puss in boots” (Le chat botté), a popular European tale adapted by French writer Charles Perrault exalting the value of ingenuity as a problem-solving tool.

**ANIMATOR:** Carla Mor, children’s storyteller

2:15 – 3:15 pm

es

en

**CHILDREN’S WORKSHOP: «FRAME YOUR PICTURE»** sponsored by *Barcelona International Schools Association (BISA)*

**DESCRIPTION:** Take a picture, print it out and then design and create a unique, personalized frame to take home as a souvenir.

**ANIMATOR:** Lupita Sierra, makeup

3:30 – 5:00 pm

es

en

**CHILDREN’S ACTIVITY: «FACEPAINTING»**, sponsored by *Barcelona International Schools Association (BISA)*

**DESCRIPTION:** Face painting: have fun with colours, sparkles, glitter and stickers of your favourite characters.

5:15 – 5:30 pm

en

**STORYTELLING IN ENGLISH: «THE BOY WHO CRIED WOLF»**, sponsored by *Barcelona International Schools Association (BISA)*

**DESCRIPTION:** Animated telling of the story “The boy who cried Wolf”, one of Aesop’s tales adapted by several different writers, including American author Louis Untermeyer, warning of the consequences of telling lies.

**ANIMATOR:** Carla Mor, children’s storyteller

5:45 – 6:00 pm

de

**STORYTELLING IN GERMAN: «DIE BREMER STADTMUSIKANTEN»**, sponsored by *Barcelona International Schools Association (BISA)*

**DESCRIPTION:** Animated telling of the story “The town musicians of Bremen” (Die Bremer Stadtmusikanten), adapted from popular tales by the Brothers Grimm, showing that it’s always possible to find new paths.

**ANIMATOR:** Carla Mor, children’s storyteller

6:15 – 6:30 pm

fr

**STORYTELLING IN FRENCH: «LE CHAT BOTTÉ»**, sponsored by *Barcelona International Schools Association (BISA)*

**DESCRIPTION:** Animated telling of the

story “Puss in boots” (Le chat botté), a popular European tale adapted by French writer Charles Perrault exalting the value of ingenuity as a problem-solving tool.

**ANIMATOR:** Carla Mor, children’s storyteller

## ÁGORA

Throughout the day:

**CULINARY SPACE: FOOD TRUCKS, CAFÉ AND RESTAURANT**

**DESCRIPTION:** Enjoy a coffee, juice or snack. You’ll also find delicious sandwiches, omelettes, salads and other options for when hunger strikes.

## MUSEUM’S GARDEN

11:00 am – 1:00 pm

en

es

**CHILDREN’S WORKSHOP: «UNLIMITED FUN WITH LEGO® BRICKS»** by Bricks 4 Kidz® Barcelona

**DESCRIPTION:** Let your imagination soar and have fun playing with giant Lego blocks. Come create your own projects. Activity suitable for children from 3 to 14 years old.

12:00 – 12:30 pm

**«HUMAN TOWERS»**, by *Castellers d’Esplugues*

**DESCRIPTION:** “Castells” are one of the most widely known elements of Catalan culture, dating back to the 17th century. This tradition is still alive and kicking today, with more than 70 groups or “colles” with hundreds of people who combine strength, balance, bravery and caution “seny” to build amazing human towers. “Castells” were named UNESCO Intangible Cultural Heritage in 2010.

3:30 – 5:00 pm

es en

«MASTERCLASS: COUNTRY DANCING, CATALAN STYLE», by *Montse Moscardó*

DESCRIPTION: Learn some of the basic steps of country dancing like the vine (basic), coaster step and cross step, among others. Dare to try line dancing and, above all, have fun.

5:30 – 6:30 pm

en es

SWING MASTERCLASS, by *Jon & Cris*

DESCRIPTION: Surprise yourself with this trendy dance that is taking our city by storm. Come learn the basics of swing. Get into it and move with the rhythm of the music, even if you don't know the steps, in a casual, fun setting.

## OTHER SPACES

11:30 am -12:30 pm

en cat

BOOK SIGNING: «SNUG», by *Matthew Tree*

PLACE: Come In booth (number B33)

DESCRIPTION: "Snug" is the title of Matthew Tree's latest book, and the first he has published in English, which is his

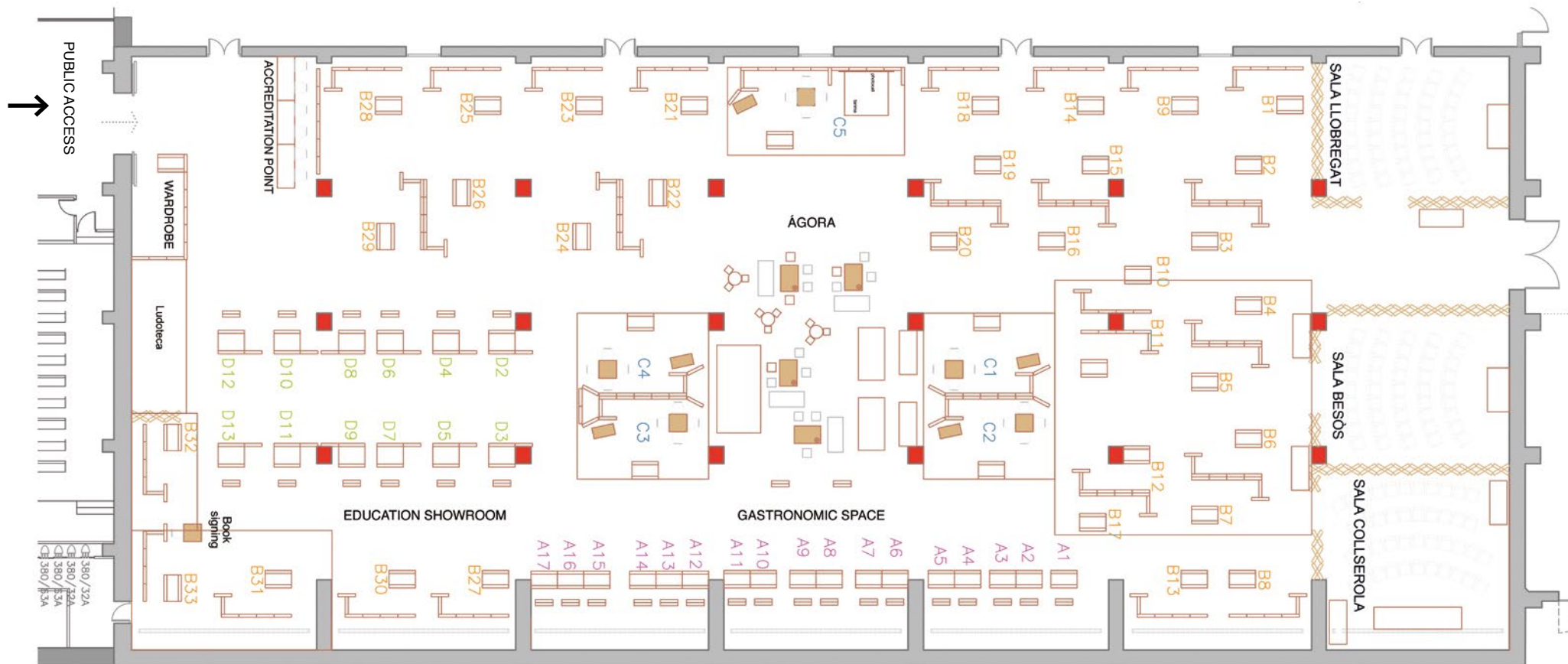
native language. This novel will leave no reader indifferent and has received interesting reviews: 'A provocative and darkly funny indictment of racism in contemporary Britain' THE OMNIVORE. 'It's a first novel and I can tell it's going to be ambitious in its resolve to be both serious and funny.' THE SPECTATOR

# BISA SCHOOLS

## HIGH QUALITY INTERNATIONAL SCHOOLS



# Exhibition map





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## Exhibitors

### PREMIUM BOOTHS PROMOTER AND SPONSORS

#### **BARCELONA CITY COUNCIL - BARCELONA ACTIVA**



The Barcelona City Council, through the City Promotion Directorate, works to promote dynamism and loyalty among the international community living in the city and its sphere of influence. Barcelona Activa, the organization in charge of promoting economic development in the city, offers services for all citizens, including employment policies, support for entrepreneurship and companies, and actions to foster the diverse local economy.

**Web/email:** [www.barcelonactiva.cat](http://www.barcelonactiva.cat) / [citypromotion@barcelonactiva.cat](mailto:citypromotion@barcelonactiva.cat)

#### **BANC SABADELL**



Banc Sabadell is the fourth largest private banking group in Spain, made up of different banks, brands, subsidiary companies and investee companies that cover all areas of finance with a common denominator: professionalism and quality. We have units and offices that specialize in Europeans living in Spain on a long-term basis and those that focus on areas of residential tourism.

**Web/email:** [www.bancsabaddell.com](http://www.bancsabaddell.com) / [SIBC@bancsabaddell.com](mailto:SIBC@bancsabaddell.com)

#### **ALLIANZ WORLDWIDE CARE**



Allianz Worldwide Care offers corporate clients and their agents the comfort of international health, life and disability coverage, all of which are key elements in employee benefit packages, from the same insurance company. There is also a wide range of international healthcare plans for individuals and families. The company aims to gain and retain the loyalty of its clients by providing the range of products and quality service expected from a market leader.

**Web/email:** [www.allianzworldwidecare.com](http://www.allianzworldwidecare.com)  
[carlos.delacruz@allianz.com](mailto:carlos.delacruz@allianz.com) / [sales@allianzworldwidecare.com](mailto:sales@allianzworldwidecare.com)

#### **ATIPIKA, BARCELONA REAL ESTATE**



ATIPIKA has been offering real estate solutions for purchasing, selling or renting a home that adapt to the needs of each client and owner since 1999. Thousands of real estate operations are proof of our great professionalism. Our clients include individuals in Spain and abroad, multinational corporations, consulates, financial institutions and official bodies. Our multilingual team has extensive international experience and knowledge of the sector, and is here to show you the best properties with personalized service. Our central headquarters are located on Passeig de Gràcia, the most emblematic boulevard in Barcelona, to make it easy to meet with our clients.

**Web/email:** [www.atipika.com](http://www.atipika.com) / [info@atipika.com](mailto:info@atipika.com)

#### **BARCELONA INTERNATIONAL SCHOOLS ASSOCIATION (BISA)**



BISA is the association of most of the international schools in Barcelona: The American School of Barcelona, Benjamin Franklin International School, British School of Barcelona, Deutsche Schule, Lycée Français de Barcelone, Lycée Français de Gavà, Kensington School, SEK Catalunya International School, ES International School, Schweizerschule Barcelona and OAK House School. All of these schools have come together in order to improve the quality of the education they offer, share resources, create a climate of international cooperation and forge links between members and local and national governments.

**Web/email:** [www.bisa.info](http://www.bisa.info) / [info@bisa.info](mailto:info@bisa.info)

#### **BRS RELOCATION SERVICES**



Moving to a new city or country means much more than just looking for a home. BRS knows that this is a transcendental event and is here to guide you throughout your journey, step by step. We offer top quality personalized service to meet your needs, speeding up a process that could otherwise become disconcerting.

**Web/email:** [www.brs-relocation.com](http://www.brs-relocation.com) / [beatriz@barcelona-relocation.com](mailto:beatriz@barcelona-relocation.com)

## BASIC BOOTHS

COMPANIES  
AND ORGANIZATIONS

### B:SM PARKING AND BICING

With more than 40 public parking garages and over 13,000 spots in Barcelona, the B:SM municipal parking network has become an affordable solution providing parking options for everyone.

Network that offers numerous products with a quality management system (ISO 9001 certification).

Bicing is an urban transport system based on shared use of bicycles. It is simple, practical and sustainable, perfect for getting around the city. Go wherever you want whenever you want, without smog or noise.

**Web/email:** [www.aparcamentsbsm.cat](http://www.aparcamentsbsm.cat) / [www.bicing.cat](http://www.bicing.cat) / [atclientbsm@bsma.cat](mailto:atclientbsm@bsma.cat)



### BALCELLS LAWYERS GROUP

Balcells International Lawyers Group is a multidisciplinary law firm with more than 40 years of experience offering legal services to individuals and companies, both local and foreign, in the following areas: immigration, business, taxes, civil matters, real estate.

Don't hesitate to contact us for any issues you may have!

**Web/email:** [www.balcellsgroup.com](http://www.balcellsgroup.com) / [www.immigrationspain.es](http://www.immigrationspain.es) / [info@immigrationspain.es](mailto:info@immigrationspain.es)



### BCN PLUG&PLAY

This service makes DAY-TO-DAY LIFE EASIER for new arrivals or people with little spare time. Need help with official processes, paperwork, moving or fixing things at home? We provide HOME AND ADMINISTRATIVE CONCIERGE services.

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Our philosophy is: make life easier and... PLUG&PLAY!

**Web/email:** [www.bcnplugandplay.com](http://www.bcnplugandplay.com) / [info@bcnplugandplay.com](mailto:info@bcnplugandplay.com)



### BCNLIP

We are a warm, multicultural language school located in the center of Barcelona. We have qualified teaching staff and adapted facilities to make it easy to learn any language. We offer courses in Catalan, English, German, French, Italian, Hebrew, Portuguese, Japanese, Chinese and, of course, Spanish.

**Web/email:** [www.bcnlip.com](http://www.bcnlip.com) / [info@bcnlip.com](mailto:info@bcnlip.com)



### BRICKS 4 KIDZ

Learning science, technology, engineering and math can be and is fun. Let your kids discover this with Bricks 4 Kidz®. They will work in teams to create, build and solve challenges. Workshops and birthday parties that give them the chance to enjoy seeing where their imagination can take them.

We learn, build and play with LEGO® bricks.

**Web/email:** [www.bricks4kidz.es/barcelona](http://www.bricks4kidz.es/barcelona) / [barcelona@bricks4kidz.com](mailto:barcelona@bricks4kidz.com)



### COCCINELLE

Coccinelle specializes in recruiting household help. Our processes and know-how allow us to select and provide you with experienced, competent professionals on a one-off or ongoing basis. Our commitment to quality personalized service allows us to satisfy the needs of each of our families.

**Web/email:** [www.coccinelle.es](http://www.coccinelle.es) / [info@coccinelle.es](mailto:info@coccinelle.es)



### COME IN BOOKSHOP

Independent bookstore located in Barcelona's Eixample since 1984. We have one of the largest selections of English literature, essays and children's books in the city, as well as British and American textbooks and language learning series. We also have shops in Palma de Mallorca and Terrassa.

**Web/email:** [www.comeinbookshop.com](http://www.comeinbookshop.com) / [literatura@libreriainglesa.com](mailto:literatura@libreriainglesa.com)





## **CONSORCI PER A LA NORMALITZACIÓ LINGÜÍSTICA**



The Consorci per a la Normalització Lingüística is a public body that has locations in each of the city's districts to promote knowledge and use of the Catalan language and offers:

- Linguistic guidance for individuals, companies, shops and organizations.
- On-site and online Catalan courses at all levels.
- Cultural and leisure activities to help learn about the language, culture and city.
- Informal conversations to practice the Catalan language as part of the Voluntariat per la llengua programme.

**Web/email:** [www.cpnl.cat](http://www.cpnl.cat) / [mjarque@cpnl.cat](mailto:mjarque@cpnl.cat)

## **DIME**



Dime is a Spanish school set up by teachers located in the neighborhoods of Gracia and Sarrià. We have been teaching the expat community in Barcelona for 10 years. We offer group and individual classes in Spanish and Catalan at our school, your home or office, as well as business classes. We also offer special language study classes for children and teenagers.

**Web/email:** [www.dimebarcelona.com](http://www.dimebarcelona.com) / [info@dimebarcelona.com](mailto:info@dimebarcelona.com)

## **ESCUELAS OFICIALES DE IDIOMAS DE BARCELONA**



The Official Language Schools (EOIs) are a network of state-run language schools for adults.

The EOI Barcelona (located near the Drassanes building) and the EOI Vall d'Hebron (based in the Horta-Guinardó district) are two of the largest language schools in the city, and two of the few language centres where Catalan and Spanish are taught, as well as Arabic, Basque, Chinese, Dutch, English, French, German, Greek, Italian, Japanese, Korean, Portuguese and Russian.

Our mission is to not only teach languages as an effective means of socialization, integration and community-building, but also to promote cultural diversity and communication between cultures.

**Web/email:** [www.eoibd.cat](http://www.eoibd.cat) / [www.eoibcnvh.cat](http://www.eoibcnvh.cat) / [msabat@eoibd.cat](mailto:msabat@eoibd.cat)

## **EXPATICA.COM**



Expatica helps expats settle in their new country by providing up-to-date news in English, information, services such as Ask the Expert, a dating site, an event calendar and jobs and housing search engines, all online.

**Web/email:** [www.expatica.com/es](http://www.expatica.com/es) / [hans.groen@expatica.com](mailto:hans.groen@expatica.com)

## **IESE BUSINESS SCHOOL**



For more than 50 years, IESE has been one of the leading executive-training centres, developing and inspiring business leaders who aim to have a deep, positive, lasting impact on people, companies and the society they serve.

**Web/email:** [www.iese.edu](http://www.iese.edu) / [pmampel@iese.edu](mailto:pmampel@iese.edu)

## **INTEGRA ADVISERS**



We are a consultancy company specializing in designing legal, tax and accounting strategies for individual expatriates and foreign companies looking to move to Barcelona.

Our guidance focuses on building a bridge between the complex international procedures, which must be completed rigorously when arriving in a new country.

With our help, you will have a team of professionals with international experience to help you with moving, landing opening up and consolidating your new project abroad quickly and properly.

**Web/email:** [www.integra-advisers.com](http://www.integra-advisers.com) / [luz@integra-advisers.com](mailto:luz@integra-advisers.com)

## JAIMES FRENCH BOOKSHOP



Jaimes French Bookshop was founded in 1941, in the post-war era, and is now celebrating its 75th anniversary. From its shop at Diagonal 337, near where the Lycée Français used to be located, it began importing and selling books to the French school. In 1951, the bookshop expanded with an additional location on Passeig de Gracia. It is currently Barcelona's top French-language bookshop, offering an up-to-date selection of French titles in literature, essays and art catalogues. The bookshop has always considered foreign books very important, traditionally from France but also in Italian, Portuguese, English and other languages. The children's section is one of the most carefully cared for, remaining true to the philosophy: The little readers of today will be the great readers of tomorrow.

**Web/email:** [www.jaimes.cat](http://www.jaimes.cat) / [livresfrançais@jaimes.cat](mailto:livresfrançais@jaimes.cat)

## KINGSBROOK IDIOMAS



Kingsbrook is a language school, with courses including Spanish for foreigners, located in the Eixample neighborhood. We have fifteen years of experience, qualified teachers, dynamic teaching methods and an international, multicultural environment. We offer group, individual and in-company courses, depending on your needs.

**Web/email:** [www.kingsbrookbcn.com](http://www.kingsbrookbcn.com) / [info@kingsbrookbcn.com](mailto:info@kingsbrookbcn.com)

## L'IDEM – L'INSTITUT D'ENSENYAMENT MULTIMEDIA



Idem Barcelona is an accredited centre of Idem France, founded in 1997. It offers a dual degree, French and European, in graphic design and 2-D/3-D animation.

Idem is a member of RECA (Réseau des écoles françaises de cinéma d'animation), which encompasses the top 20 schools in France.

**Web/email:** [www.lidembarcelona.com](http://www.lidembarcelona.com) / [info@lidembarcelona.com](mailto:info@lidembarcelona.com)

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**Allianz**   
Worldwide Care

AWP Health & Life SA, acting through its Irish Branch, is a limited company governed by the French Insurance Code, Registered in France: No. 401 154 679 RCS Nanterre. Irish Branch registered in the Irish Companies Registration Office, registered No.: 907619, address: 15 Joyce Way, Park West Business Campus, Nangor Road, Dublin 12, Ireland.

Allianz Worldwide Care is a registered business name of AWP Health & Life SA.

## LANGUAGES4LIFE



Here at Languages4Life we help you communicate in Spanish and English. Located in the elegant Eixample neighborhood, just 5 minutes from Passeig de Gracia, in a beautiful Art Nouveau building, the school is equipped with the latest technology. Our qualified, experienced teachers will help you develop the skills you need to communicate in Spanish and English in small groups (no more than eight students) and a pleasant setting. Come have a look or learn more about the school online!

**Web/email:** [www.languages4life.com](http://www.languages4life.com) / [learn@languages4life.com](mailto:learn@languages4life.com)

## LCI BARCELONA – OFFICIAL SCHOOL OF HIGHER EDUCATION IN DESIGN



LCI Barcelona, Official School of Higher Education in Design, belongs to the LCI Education group, a network of 22 learning campuses on 5 continents. LCI Barcelona offers everything from degrees in design (product, interior, graphic and fashion) to masters and postgraduate degrees, lifelong learning courses and summer school.

**Web/email:** [www.lcibarcelona.com](http://www.lcibarcelona.com) / [lcibarcelona@lcibarcelona.com](mailto:lcibarcelona@lcibarcelona.com)

## MOTOFORMACIÓ



Passionate: We love teaching people how to drive, our training doesn't end when you get your license.

Prepared: We guide you through the process of getting or exchanging your driver's license.

Careful: Customer service is the foundation of our success (languages, Spanish...)

Experts: Our staff and teachers have extensive experience in the educational and competitive sectors.

Innovative: We also offer Spanish courses combined with different leisure activities. By joining forces with the language school MON GLOBAL IDIOMES, we've created courses that combine mobility and learning.

**Web/email:** [www.motoformacio.com](http://www.motoformacio.com) / [motoformaciobcn@gmail.com](mailto:motoformaciobcn@gmail.com)

## ONTRANSLATION



Ontranslation is the multilingual communication agency you can trust. Want to make this new adventure with your business the best experience of your life? Our website translation, interpretation and sworn translation services will help you eliminate any barriers and speed up your road to success.

**Web/email:** [www.ontranslation.es](http://www.ontranslation.es) / [hello@ontranslation.es](mailto:hello@ontranslation.es)

## PAGE PERSONNEL



Page Personnel, which belongs to the Page Group, is the leading consultancy for recruitment and specialized temporary hiring. We work in 16 different areas: finance, marketing, sales, legal, secretary, etc. Our consultants specialize in the areas in which they work, so we can meet the needs of both our clients and job candidates.

**Web/email:** [www.pagepersonnel.es](http://www.pagepersonnel.es) / [pagepersonnel@pagepersonnel.es](mailto:pagepersonnel@pagepersonnel.es)

## PHYSIOTHERAPYBARCELONA & RUNNINGBARCELONA



PhysiotherapyBarcelona and RunningBarcelona offer physiotherapy, training and coaching with Olympic experience. Our services are multilingual (English, Dutch, German, Spanish) based on certified education in the Netherlands. Top-quality 60-minute individual sessions make sure you get the best results, just like you're used to back home! See you at our center on c/Balmes 446.

**Web/email:** [www.PhysiotherapyBarcelona.com](http://www.PhysiotherapyBarcelona.com) / [www.RunningBarcelona.com](http://www.RunningBarcelona.com) / [info@PhysiotherapyBarcelona.com](mailto:info@PhysiotherapyBarcelona.com) / [info@RunningBarcelona.com](mailto:info@RunningBarcelona.com)

## RELOCATE CONSULTING 2000



RELOCATE CONSULTING 2000 provides professional services for multinational corporations and individuals. We are experts in relocating executives and other types of individuals, understanding the company's needs and ensuring the wellbeing of its personnel, helping them get settled in a new home as quickly as possible to maximize their time at work.

**Web/email:** [www.relocateconsulting.com](http://www.relocateconsulting.com) / [help@relocateconsulting.com](mailto:help@relocateconsulting.com)



## **SAGARDOY ABOGADOS**



Sagardoy Abogados is the leading Spanish law firm in employment, Social Security, pensions, international mobility and HR.

Our Migration Law practice currently has 15 multilingual professionals devoted exclusively to immigration procedures and acquiring Spanish nationality.

It also offers expert professionals in employment and tax law.

The firm's main clients include individuals, investors, SMEs and multinational corporations.

**Web/email:** [www.sagardoy.com](http://www.sagardoy.com) / [ags@sagardoy.com](mailto:ags@sagardoy.com)

## **TALENT SEARCH PEOPLE**



Talent Search People is an international recruiting consultancy with offices in Barcelona, Madrid and Lisbon. We are experts in selecting candidates for: Sales and Marketing, IT and E-Commerce, Native Speakers, Finance and Legal, and Engineering and Pharma.

Our Native Speakers department manages our multilingual candidates.

**Web/email:** [www.talentsearchpeople.com](http://www.talentsearchpeople.com) / [info@talentsearchpeople.com](mailto:info@talentsearchpeople.com)

## **TBS BARCELONA**



TBS Barcelona is the Catalan campus of the Toulouse Business School. It has been offering official undergraduate and masters degrees in business for more than 20 years. With students of more than 50 nationalities, TBS Barcelona is a multicultural oasis where classes are given in Spanish and English.

**Web/email:** [www.tbs-education.es](http://www.tbs-education.es) / [info@tbs-education.es](mailto:info@tbs-education.es)

## **THE SPECTRUM IFA GROUP**



The Spectrum IFA Group creates and provides financial solutions for expats and foreign residents. These include currency exchange, bank accounts, mortgage advice, tax-efficient investments, QROPS, pensions, medical insurance and more. We also offer wealth management when appropriate and design cross-border solutions for those moving from country to country.

**Web/email:** [www.spectrum-ifa.com](http://www.spectrum-ifa.com) / [barcelona@spectrum-ifa.com](mailto:barcelona@spectrum-ifa.com)

## **TOURIST CARE ASSISTANCE**



Comprehensive healthcare assistance for foreigners (tourists, expats and/or students) and International Healthcare Tourism.

Personalized bilingual assistance. Interpreters in English, French, Portuguese, Russian, German, Dutch and Arabic.

Help with visits to the emergency room, scheduled appointments and hospitalization. Medical team with top-notch doctors in all specializations.

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Agreements with study abroad programs and universities.

Assistance for diplomatic patients, embassies and VIP patients.

**Web/email:** [www.csf.com.es](http://www.csf.com.es) / [Jose.Blanco@tcassistance.com](mailto:Jose.Blanco@tcassistance.com)

## **TRIPMEDIC**



TripMedic provides multilingual medical appointments whenever and wherever expatriates want in the city of Barcelona.

We work in dermatology, pediatrics, orthopedics, gynecology, dentistry, ophthalmology and guarantee same-day visits for general medicine.

Call us at 931 842 166 and will set up an appointment with the specialist of your choice at our closest doctor's office or at your home in just three minutes.

**Web/email:** [www.tripmedic.com](http://www.tripmedic.com) / [olivier.marques@tripmedic.com](mailto:olivier.marques@tripmedic.com)

## TURISME DE BARCELONA / DIPUTACIÓ DE BARCELONA

Barcelona Turisme and the Barcelona Provincial Council work to promote the city and province of Barcelona as a tourist destination. Barcelona Turisme creates, manages and markets tourist products designed to make it easier to visit the city. But Barcelona is so much more. The area around Barcelona offers new experiences in nature, winemaking, golf and culture, among others.

**Web/email:** [www.visitbarcelona.com](http://www.visitbarcelona.com) / [www.barcelonaesmoltmes.cat](http://www.barcelonaesmoltmes.cat) / [promocio@barcelonaturisme.cat](mailto:promocio@barcelonaturisme.cat) / [promocio@diba.cat](mailto:promocio@diba.cat)



## XPATRIA WORLD OPPORTUNITIES

xpatria.es

We're an information platform that aims to provide comprehensive support for companies and professionals who want to start up activity in a new location. We help you with everything associated with international mobility.

Taxes, visas, medical coverage, hiring, compensation, labor laws, cost of living, business/work culture.

**Web/email:** [www.xpatria.es](http://www.xpatria.es) / [info@xpatria.es](mailto:info@xpatria.es)

## YOGAONE BY DIR

YogaOne<sup>by DIR</sup>

YogaOne has two yoga studios in Barcelona (YogaOne Tuset and YogaOne Mandri) whose mission is to make yoga accessible for everyone.

At YogaOne we have two lines: yoga for everyone, which adapts to all sorts of people, and yoga training for those who want to delve deeper into more traditional yoga.

YogaOne currently has 1,000 m<sup>2</sup> of space for yoga, with four fully equipped rooms. At these two centers, we offer more than 350 classes each month at different levels and in different styles (88 classes per week), given by 27 teachers to more than 1,500 members. All YogaOne teachers have extensive experience teaching yoga and have been trained by some of the top teachers in India and the United States.

**Web/email:** [yogaone.cat](http://yogaone.cat) / [info@dir.cat](mailto:info@dir.cat)

## ZOO DE BARCELONA - TIBIDABO AMUSEMENT PARK



Right next to the historical city centre, you'll find the Barcelona Zoo, one of the most emblematic spots in the city where visitors old and young can get a close-up look at more than 2,000 animals of 350 different species. You'll find everything you need for a great day at the Zoo.

High above Barcelona, you can enjoy Tibidabo: a historical amusement park that has been renovated and modernized. With 30 original rides, like the Ferris wheel and roller coaster, plus great shows like the terrifying Hotel Krüeger and the puppets at the Marionetarium.

**Web/email:** [www.zoobarcelona.cat](http://www.zoobarcelona.cat) / [www.tibidabo.cat](http://www.tibidabo.cat) / [atclientbsm@bsma.cat](mailto:atclientbsm@bsma.cat)

## EDUCATION SHOWROOM

INTERNATIONAL  
SCHOOLS

## AMERICAN SCHOOL OF BARCELONA



The American School of Barcelona is an International private school from PR3 to 12th grade. ASB offers a university-prep curriculum, including the IB Diploma Program, which allows graduates to enter American, Spanish and International Universities. ABS is a culturally diverse community with more than 45 nationalities.

**Web/email:** [www.asbarcelona.com](http://www.asbarcelona.com) / [admissions@asbarcelona.com](mailto:admissions@asbarcelona.com)

## BENJAMIN FRANKLIN INTERNATIONAL SCHOOL



International school in Barcelona with a rich, unique American and international curriculum for students from 3 to 18 years of age. English is the primary language of instruction. BFIS offers three diplomas: American, Spanish and International Baccalaureate (IBDP). Personalized teaching and small class sizes. Excellent university placements worldwide. Strong home/school partnership, with an engaged community, representing more than 45 different nationalities.

**Web/email:** [www.bfischool.org](http://www.bfischool.org) / [info@bfischool.org](mailto:info@bfischool.org)

### DEUTSCHE SCHULE BARCELONA



As an official German school, we offer teaching in an international environment from pre-school to Abitur/university entrance exams. Campus for 1,400 students: well equipped with sports facilities, cafeteria and library. The DSB is synonymous with top-notch education, fostering creativity, multiculturalism, camaraderie, values, independence and a sense of social responsibility.

**Web/email:** [www.dsbarcelona.com](http://www.dsbarcelona.com) / [brendemuehl@dsbarcelona.com](mailto:brendemuehl@dsbarcelona.com)

### ES INTERNATIONAL SCHOOL



ES International School offers a personalized program in English following the American education system. Located at the facilities of the Academia Sánchez-Casal, emphasis is given to tennis training, as sports are an essential part of the program. The curriculum includes a solid academic foundation that encourages active participation and a healthy lifestyle.

**Web/email:** [www.es-school.com](http://www.es-school.com) / [info@es-school.com](mailto:info@es-school.com)

### HAMELIN-LAIE INTERNATIONAL SCHOOL



Educational offering:

- Nursery (from 4 months)
- Childhood education
- Primary education
- Secondary education
- National baccalaureate
- International baccalaureate

Characteristics:

- Multilingual school
- Personalized education
- Emotional education and values

**Web/email:** [www.hamelinlaie.com](http://www.hamelinlaie.com) / [secretaria@escolessas.com](mailto:secretaria@escolessas.com)

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## LYCÉE FRANÇAIS DE BARCELONE



The Lycée Français de Barcelone (LFB) is managed directly by the Agence pour l'enseignement français à l'étranger (A.E.F.E.).

All teaching is approved by the French National Ministry of Education, ranging from preschool to Baccalauréat (Baccalaureate). The LFB is recognized and authorized by the Spanish government.

The center focuses on shared values in a democratic society, respect for others, self-sufficiency, responsibility, trust, integrating differences, secularism, solidarity, equality and tolerance.

**Web/email:** [www.lfb.es](http://www.lfb.es) / [communication@lfb.es](mailto:communication@lfb.es)

## LYCÉE FRANÇAIS DE GAVÀ BON SOLEIL



The Lycée Français de Gavà Bon Soleil accepts 1,200 students from nursery school to the 2nd year of the Baccalaureate. Founded in 1969, the LFG follows the French educational system, validated by the Spanish Ministry of Education, through the end of compulsory secondary education. Years 1 and 2 of the "Bachibac" allow students to obtain both the Spanish Bachillerato and French Baccalauréat. The LFG offers comprehensive education based on secular humanistic values, in addition to encouraging cultural openness through multilingualism.

**Web/email:** [www.bonsoleil.es](http://www.bonsoleil.es) / [courrier@bonsoleil.es](mailto:courrier@bonsoleil.es)

## OAK HOUSE SCHOOL



In the Primary years, Oak House is a British School, following the British National Curriculum. Classes are taught in English by native speakers. In year 2 (1st Primary), Spanish and Catalan are introduced. Our Secondary studies follow the official Catalan system, with a trilingual system and half of the subjects taught in English. Students at this level also take a fourth language (French or German). Third and fourth ESO pupils (Years 10-11) prepare for Cambridge IGCSE exams, which open doors to English-speaking universities.

Towards the end of their secondary education pupils are helped to choose between the Spanish or International baccalaureate, which is taught in English.

Oak House School is part of the Eco-school project and is committed to social responsibility, carrying out various actions to promote solidarity throughout the school year with local and international NGOs.

**Web/email:** [www.oakhouseschool.com](http://www.oakhouseschool.com) / [admisiones@oakhouseschool.com](mailto:admisiones@oakhouseschool.com)

## SCUOLA ITALIANA



The public Italian school of Barcelona offers pre-school (3 to 5 year olds, 6 classes with a total of approximately 130 students); the first level of secondary school, called Scuola media or middle school (children 6 to 10 years old, 10 classes with a total of about 260 students); the second level of secondary school, called Liceo scientifico or Baccalaureate (students 14 to 17 years old, 8 classes with a total of roughly 150 students). All classes are given in Italian and English, Spanish and Catalan are taught as second languages. The school is recognized by the Spanish educational system, so students that finish secondary school here can go directly to local universities.

**Web/email:** [www.scuolaitalianabarcellona.com](http://www.scuolaitalianabarcellona.com) / [preside@liceoamaldi.com](mailto:preside@liceoamaldi.com)

## SEK CATALUNYA INTERNATIONAL SCHOOL



SEK-Catalunya International School is just 35 minutes from Barcelona. We have great facilities, including a pool and sports center. We combine the national and international curriculums (3 to 18 years old): Primary School, Intermediate Years and Diploma. Our educational philosophy is based on rigorous academics, balanced education and multilingualism.

**Web/email:** [www.sekcatalunya.es](http://www.sekcatalunya.es) / [admisiones-catalunya@sek.es](mailto:admisiones-catalunya@sek.es)

## ST. PETER'S SCHOOL



St. Peter's School is a private international school where students from 18 months to 18 years old are prepared to face the challenges they will come up against throughout their lives. A complete program of Cambridge International Exams ensures students gain access to universities in Spain and abroad, with a curriculum that combines five languages (English, Spanish, Catalan, French and German), skills and knowledge in science, technology, humanities and communication; and a personal development program that aims to help our students become critical, open-minded citizens that are prepared to live, study and work wherever they choose.

**Web/email:** [www.stpeters.es](http://www.stpeters.es) / [annamatas@stpeters.es](mailto:annamatas@stpeters.es)

## **ISCAT – THE INTERNATIONAL SCHOOL OF CATALUNYA**



ISCAT, the International School of Catalunya, teaches the English National Curriculum to students aged 3 to 18, with Spanish and Catalan integrated into the educational program and French as a foreign language.

Our mission is to provide a safe, enriching, multicultural environment to optimize the intellectual, physical, emotional and creative development of each of our students, respecting the language, culture and creativity of each one.

The school is located in La Garriga, just 35 minutes from the center of Barcelona, and offers dedicated school transport and only one class per room (max. 18 students).

**Web/email:** [www.iscat.es](http://www.iscat.es) / [info@iscat.es](mailto:info@iscat.es)

## **INFORMATION DESKS**

**EXPAT ASSOCIATIONS  
AND SOCIAL CLUBS**

### **ASSOCIATION RUSSIAN HOUSE IN CATALONIA**



Since 2010, the main aim of the Association Russian House in Catalonia has been to extend and tighten the cultural ties between Spain, Catalonia, Russia and the world. It promotes joint projects with organisations in the Russian community throughout Spain, and regularly holds international events, contests, music or dance festivals, and exhibitions with artists from all over the world.

A significant part of the Association's work goes to raising awareness and sharing information on Russian culture and traditions, which is done in many different ways.

**Web/email:** [www.casarusa.cat](http://www.casarusa.cat) / [info@casarusa.cat](mailto:info@casarusa.cat) / [artfestival@casarusa.cat](mailto:artfestival@casarusa.cat)

### **ASODAME - CLUB BPW BCN**



Group of business woman (freelancers, businesswomen and executives) with products and services from all sectors. Interested in new members from other countries and in exchanging experiences and opportunities for business growth and expansion. Excellent perspectives for improvement and creativity, working towards companies and female entrepreneurship.

**Web/email:** [www.asodame.com](http://www.asodame.com) / [xusfuente@gmail.com](mailto:xusfuente@gmail.com)

## **BARCELONA AUTREMENT**



Many different activities in French to discover the more authentic side of Barcelona: unusual visits, family walks, cooking workshops, tastings, cultural and language exchanges, help integrating (practical visits to everyday spots in your neighborhood, shopping, decoration, etc.). You'll meet people who will help you discover Barcelona in a whole new way!

**Web/email:** [www.barcelona-autrement.com](http://www.barcelona-autrement.com) / [info@barcelona-autrement.com](mailto:info@barcelona-autrement.com)

## **BWN: BARCELONA WOMEN'S NETWORK**



The Barcelona Women's Network is a non-profit, non-religious, and non-political social and charitable organization offering support and friendship to both local and international women residing in the greater Barcelona area. We offer cultural, educational and social activities as well as fundraising for charities and professional networking. Get to know us!

**Web/email:** [www.bcnwomensnetwork.com](http://www.bcnwomensnetwork.com) / [membership@bcnwomensnetwork.com](mailto:membership@bcnwomensnetwork.com)

## **CASA DEGLI ITALIANI DI BARCELONA**



Cultural/charity association founded in Barcelona in 1865, located in a historical building on a private alleyway in the Eixample Dret, active in promoting and disseminating Italian language and culture in the Catalan capital.

**Web/email:** [www.casaitaliani.com](http://www.casaitaliani.com) / [comunicazione@casaitaliani.com](mailto:comunicazione@casaitaliani.com); [segreteria@casaitaliani.com](mailto:segreteria@casaitaliani.com)

## **CATALONIA HOCKEY CLUB**



A family oriented Field Hockey club, with players ranging from five years old to adults.

We train at the Pau Negre municipal facilities on Montjuic and compete in the Catalan Hockey Federation.

**Web/email:** [www.cataloniahoqueiclub.com](http://www.cataloniahoqueiclub.com) / [cataloniahc@movistar.es](mailto:cataloniahc@movistar.es)

## **CEEAC, CAMBRA D'EMPREDORS I EMPRESARIS**



Cambra d'Emprenedors i Empresaris was created to serve as a backbone around which to structure a new generation of entrepreneurs and businesspeople, fostering new ways of working, collaboration and growth. We provide comprehensive guidance for active, experienced professionals developing projects, foster synergies among entrepreneurs and businesspeople to get their initiatives off the ground, and offer training courses in specific subjects.

**Web/email:** [www.ceeac.cat](http://www.ceeac.cat) / [info@cambraceeac.com](mailto:info@cambraceeac.com)

## **CÍRCULO HISPANO-BELGA**



Since 1969, the Círculo Hispano-Belga has kept the spirit and traditions of the Belgian community alive in Catalonia, fostering friendship among its members.

We organize a wide variety of activities for all ages: traditional celebrations (Christmas, Easter), day trips, cultural tours, sports activities, informal gatherings, etc.

We also provide contacts and information for newcomers from Belgium to help them better adapt to life in Catalonia.

We welcome new members from Belgium, Spain or other countries interested in joining our group.

**Email:** [circulohispanobelga@gmail.com](mailto:circulohispanobelga@gmail.com)

## **CLUB NATACIÓ BARCELONA**



A sports and social center with more than 100 years of history and a privilege location right on the beach in the Barceloneta. With a total of 24,000 m<sup>2</sup> of facilities, the club offers a wide variety of indoor and outdoor sporting activities for the whole family.

**Web/email:** [www.cnb.cat](http://www.cnb.cat) / [cnb@cnb.es](mailto:cnb@cnb.es)

## **CLUB SUÍZO DE BARCELONA**



We aim to establish a meeting point for the Swiss and residents of Barcelona (regardless of their nationality), to promote social life and help develop all sorts of relations between Spain and Switzerland. To do so, we organize fun, cultural and culinary activities, as well as socioeconomic meetings.

**Web/email:** [www.clubsuizobarcelona.com](http://www.clubsuizobarcelona.com) / [presidencia@clubsuizobarcelona.com](mailto:presidencia@clubsuizobarcelona.com)

## **COWOCAT – ASSOCIACIÓ COWORKING DE CATALUNYA**



COWOCAT is a community of communities, a networking lab open to new experiences and ways of uncovering new opportunities and shared knowledge.

A different approach to co-working, based on collaboration and multiculturalism, through which the community stimulates and shares knowledge, talent and innovation.

**Web/email:** [www.cowocat.cat](http://www.cowocat.cat) / [associacio@cowocat.cat](mailto:associacio@cowocat.cat)

## **DINNERS THAT MATTER**



Caring initiative that brings together diners and restaurants quarterly to support local social projects. On the four “Dinners That Matter” dates selected, and without diners paying any extra, participating restaurants will donate 25% of their takings from that night to a couple of projects focused on serving the local community. All you need to do to show your support and make a difference is have dinner at one of the participating restaurants on the selected dates. Our objective is to create a community, a message and a communication platform through which we can make a difference.

**Web/email:** [www.dinnersthatmatter.org](http://www.dinnersthatmatter.org) / [xavier@dinnersthatmatter.org](mailto:xavier@dinnersthatmatter.org)

## **INTERNATIONS**



The first social network designed by and for people who live and/or work outside of their hometowns, to create a network of personal and professional contacts through nearly weekly events in a setting where expats from different sectors, markets and culture come together.

**Web/email:** [www.internations.org](http://www.internations.org) / [paulconde@yahoo.com](mailto:paulconde@yahoo.com) / [annzinen@yahoo.com](mailto:annzinen@yahoo.com)

## **KREIS DEUTSCHSPRACHIGER FÜHRUNGSKRÄFTE**



*Kreis Deutschsprachiger Führungskräfte* (Circle of German-Speaking Executives) has 200 members who are executives and managers in the business, diplomatic and cultural arenas from many different countries. We are a platform for our members to exchange ideas and experiences. We organize conferences with world-renowned speakers on economics, politics and culture, associated with Hispano-German topics. Events like receptions, daytrips and parties complete our program of activities..

**Web/email:** [www.kdf-online.org](http://www.kdf-online.org) / [info@kdf-online.org](mailto:info@kdf-online.org)

## PROFESSIONAL WOMEN'S NETWORK (PWN) BARCELONA



PWN Barcelona is part of an international network of 3,500 professional women. Our aim is to promote professional progress among women and their visibility in the workplace by creating networks, sharing experiences and promoting leadership training. For foreign women living or working in Barcelona.

**Web/email:** [www.pwnglobal.net/barcelona](http://www.pwnglobal.net/barcelona) / [members@pwnbarcelona.net](mailto:members@pwnbarcelona.net)

## RED GLOBAL MX MEXICANOS CALIFICADOS EN EL EXTERIOR CAPITULO BARCELONA



Red Global MX is an interconnected global network for the highly qualified immigrant community living abroad, allowing them to organize projects to benefit Mexico in order to help develop the country. The Network is organized into a Global Coordination Board, Regional Coordination Boards and Chapters, which set their own goals and targets. The Chapters each have a local identity but adhere to the general mission of Global MX.

**Web/email:** [redtalentia.blogspot.com.es](http://redtalentia.blogspot.com.es) / [talentia.info@gmail.com](mailto:talentia.info@gmail.com)

## UNION DES FRANÇAIS DE L'ÉTRANGER



The Union des Français de l'Étranger is a public-interest association with 180 chapters in 100 countries. It provides guidance for French citizens in all aspects of their life abroad.

From practical issues when they arrive to help finding employment and organising social, cultural and sporting events throughout the year.

**Web/email:** [www.catalogne.ufe.org](http://www.catalogne.ufe.org) / [barcelone@ufe-espagne.com](mailto:barcelone@ufe-espagne.com)

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<sup>1</sup>According to an independent study by Oliver Wyman regarding the banking sector.

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